

Our Mission: To foster a vibrant egalitarian Jewish community founded in the religious customs and traditions of Conservative Judaism; offering excellent Jewish education and community activities for all ages with commitment to Israel and Jewish communities throughout the world.

High Holiday Service Times

Selichot, September 9

Service and program begin at 9pm

Rosh Hashanah, September 15 (Erev)

Mincha, 6:15pm

Ma'ariv, 6:45pm

Candle Lighting, 6:48pm

Kol Nidre, September 24

Private Devotion/Mincha, 6:15pm

Kol Nidre, 6:30pm

Candle Lighting, 6:33pm

Rosh Hashanah, September 16 - 17

Private Prayers - 9am

Shacharit - 9:30am

Shofar Service (9/17 only) - 11am

Tashlich (9/17) - 5:45pm

Mincha (9/16 at CBT) - 6:30pm

Mincha (9/17 at Tashlich Site), 6:15pm

Candle Lighting (9/16)- 7:31pm

Havdallah - 7:30pm

Yom Kippur, September 25

Private Prayers - 9am

Shacharit - 9:30am

Yizkor (approx) - 11:45am

Mincha/Ne'ilah/Maariv - 5:15pm

Havdallah/Shofar Blown

(ending fast) 7:16pm



Shana Tova!

5784

From Rabbi Robert L. Wolkoff

For the Love of G-d



We have entered the Hebrew month of Elul, at the conclusion of which we celebrate Rosh Hashanah, the beginning of the new year.

A new beginning. And the question is, “beginning of what?”

The rabbis have a delicious answer to that question, based on the very name of the month Elul. They saw the name as an abbreviation for “I am my beloved’s, and my beloved is mine.” (It works in Hebrew, trust me).

Put another way, Elul is the month of reconciliation. Over the course of time, it is natural to drift away from those around us—from friends and family, from classmates and business associates, from ourselves and from G-d. The kabbalists referred to this world as “alma d’peyruda,” the world of division, difference, disunity. It is as if the centrifugal forces of life pull everything apart. Perhaps we can call it social and spiritual entropy.

The new beginning is our opportunity to bring all things back together, to realign our lives with the Source of All Life. It is a time of introspection, a time to ask ourselves, “Have I drifted away from that which is most valuable to me?” And the follow-up, “What do I need to do to restore my relationships, to reconcile my differences, to experience, once again,

the feeling of loving and being beloved?”

Where to begin? Whatever the reason for our distancing and alienation, it’s a reason. It doesn’t just disappear because we want it to. Think about a conflict with a friend. You were friends for a reason. There was a disagreement for a reason. Now what? Here’s a suggestion from Ralph Waldo Emerson: “Never lose an opportunity of seeing anything that is beautiful; for beauty is G-d’s handwriting—a wayside sacrament. Welcome it in every fair face, in every fair sky, in every fair flower, and thank G-d for it as a cup of blessing.” To which I would add, look for the beauty in yourself. And then be prepared to look for the beauty in the other—whoever the other may be. These, too, are cups of blessing. And then look for the beauty in G-d.

With beauty comes wonder, and with wonder, love. And with love, comes an awareness of anything that disrupts that love, the flaws and habits we all have that get in the way of our relationship with our beloved—human or divine.

With that awareness, teshuvah, the possibility of repentance and reconciliation, looms large. Overcoming distance, changing direction in our lives, is not easy. We are as addicted to our bad habits as those who struggle with substance abuse are addicted to drugs or alcohol. Beauty, wonder, love, teshuvah can help us change all of that. We can relearn that we are G-d’s beloved, as G-d is ours. And from that love, flows everything.

With wishes for a New Year filled with love,
Rabbi Robert L. Wolkoff (and Alex, Joseph, Dahlia,
Nalle the Big White Floof and Trotsky the Little Rebel)

HAKOL — The Newsletter of

Congregation B’nai Tikvah, JCC of North & South Brunswick - 1001 Finnegan’s Lane, No. Brunswick, NJ 08902

Published monthly. Submissions are encouraged about events, group activities, and anything relevant to the Jewish Community. All articles emailed to Hakol@bnaitikvah.org are due by the 15th of the preceding month and are subject to available space.

All issues are archived at bnaitikvah.org/hakol and emailed via the CBT Newsletter.

Editorial Staff: Arthur Biderman, Janet Weiss, Sandy Sharon, Gary Tinkel, and Scott Kessler. Advertising: CBT Office

From Cantor Bruce Rockman

You May Be Uplifted



Psalm 27, the additional reading that we add to our morning and evening services from the month prior to our High Holy Days through the conclusion of our holiday season, maps out the pathway to genuine teshuvah, repentance, for us. By reciting and understanding it, we are able to travel that path (toward repentance). The psalmist begins with an expression of complacent self-assurance but that is only the starting point. The tone grows darker, progressing from expressions of yearning for G-d's presence and protection to petitions conveying insecurity and fear of abandonment. Then, in verse 13, to the edge of the abyss: "Had I not the assurance that I would enjoy the goodness of the Lord in the land of the living . . ."—the concluding ellipsis express the terror inherent in what is left unsaid.

Based on an article by Alan Cooper JTS Professor of Jewish Studies.

For so many years, I've read this prayer and I've depended upon its reminder that we are in a period of reassessing the year soon to be completed, and anticipating the new year, surely preparing to pledge to do better. It is amazing how we go through our ups and downs, and still we are blessed with an opportunity for a do-over.

I guarantee that we have all performed some *mitzvot* this year. While falling short at times, the promise of repentance from G-d and each other is so reassuring. This is a reason for praying and what this psalm, in particular, does for me. You know me by now and my optimistic approach. It is both organic and is still developing. As the psalm explains, I have my moments of doubt and, of course, my life is not devoid of missteps. Still, I look forward to what can be and see so much good and so many blessings in the world.

I'm sure that you have heard the expression that the definition of insanity is doing the same thing and expecting a different result. Well, call me crazy, but there are a lot of things that we must do until we get them right. It can take a long time before we "get it", but I think that there are times that we have to trust the process, thus repeating an action multiple times. Coming to services and praying is one of those sort of "crazy" things. Why do we do the same prayers everyday, every Shabbat? Ultimately, out of the process of gathering, seeds are sown and beautiful community grows through the nurturing "Presence"-G-d and our traditions.

Prayer is a not only a method of community building but also an avenue to spiritual and creative growth. It is a wonderful path to search for inner peace, possibly helping us cope with our daily challenges. And while alone with my prayers, I'm reminded that I am standing with you and G-d.

I suggest that you spend time somewhere; here at the synagogue, at home or anywhere that you can access Psalm 27. Read it, think about it daily, and let's see what it does for you. It's not really crazy and you may be uplifted.

I wish you a healthy, meaningful, and joyous New Year,

Cantor Bruce Rockman
Tishrei 5784-September 2023

Daily Schedule of Services

Sunday 9am & 7:30pm
Monday 7:30pm
Tuesday 7:30pm
Wednesday 7:30pm
Thursday 8am & 7:30pm
Friday 6:30pm (unless otherwise noted)
Saturday 9:30am

All services are also available via Stream and Zoom.

From President Charlie Valan

The Ghost of CBT



Recently, Bruce Springsteen wrote an incredible new song called, "I'll See You In My Dreams". Whether or not you're a fan of his music, I'd encourage EVERYONE to listen to it once. If you're REALLY resistant to listening to his music, at the very least, Google the lyrics, because the words in it and the story it tells opens up visions in your mind of those we will always love and care about, and while physically gone, their impact never fades, because, "we see them in our dreams".

I appreciate every month having this space to express to all of you. Those who know me know that I'm an inspirational writer. No matter what I author, I need a spark of energy to begin. Events in my world over the last month have brought me to today.

At Shabbat Services recently, I heard my mom Sherry's voice. It was a moment, but from my spot on the Bima I looked out and didn't see her. After all, she physically left all of us in 2017. But I heard her. Not sure why, but I did.

It reminded me of when her name was installed in our sanctuary on our memorial board above that of my dad, sister and grandparents and the Rabbi turned to me, "There are no other spaces underneath; you might consider moving them all". My reply without hesitation, "Rabbi, you know my mom (she assisted in the office for 10 years)..... You don't think when my time comes and if my plaque is on the other side of the sanctuary, I won't hear her yelling at me?" as we both broke out in laughter. I only feel for whomever is in the sanctuary many years from now, concerned because they hear voices of two people yelling at each other across the room. Yeah, that will be Mom and me.

Knowing the many legacies we have here at B'nai Tikvah, I have to believe I'm not the only one who hears and sees the many that have passed through the doors of our synagogue. Not just family, but friends as well. I will often look at the memorial plaques and see the names of so many people who were physically here when I came through the doors for the first time in 2003. Sad indeed, but when you look at those walls, many of those were the people responsible for CBT moving ahead and those that built a new brick daily to the life of the environment all of us enjoy today.

Let's even go deeper than that, beyond just CBT. We are all where we are today because of those that gave us all life at one time to breathe, eat, drink, dance, entertain, laugh, cry, pray..... etc..... well before we became independent in the way we are now defined. At some point in all of our lives, we needed help, assistance, and support. Many of the times we turn to family and friends. Yet sometimes it's not just those folks that come to our aid. At times, we hire or engage with those we might have never met previously to do things or help in ways we can't do alone. Everyone is at one time, "Unknown to us". But at some point in our world, one turned into many.

The synagogue we all know today as B'nai Tikvah was not founded as B'nai Tikvah. Three area synagogues decided to unite as a community to share: Share in religion, community, mission, and a desire to be surrounded by many more "just like them, but different." Just like them in their appreciation of Judaism, we all are different. Not any more different than those that we might say are in our "inner circle." We each have our own uniqueness, but we all also have similarities. The beauty of the world is someone can offer something at any given time that might help others when they can't help themselves, but between those moments, enough to enjoy who each other are.

The Many Ghosts of CBT are some of those who built CBT. Thankfully, we still have some of the builders with us here who are proud and devoted and will continue to beam in pride when looking at CBT. Why did they build it? Because the things that were similar were the things that brought them together and that in itself justifies the statement, "Together, we are stronger." You can find many of those names on the walls, halls, boards, classrooms, sanctuary, social hall, spirit, and love, which every day grew and should continue to thrive in our building. Do we believe that all of these folks were "best friends?" Maybe or maybe not. But they worked towards growing a community that found commonalities to share and the desire to recognize that only "those in the know" could offer many of the elements to be there for each other, as a group at times or when someone needed them. The beauty of a community.

(continued on page 21)



CONGREGATION B'NAI TIKVAH MEN'S CLUB

SERVING THE SYNAGOGUE AND THE COMMUNITY SINCE 1983



Craig Cohen & Brian Berness, Co-Presidents

Men's Club will continue its Speaker Series in the upcoming year. If you are interested in speaking at a future meeting, please contact Steve Chernela: stevefotoman@me.com.

Men's Club will also be planning a green initiative to decrease CBT's carbon footprint. Stay tuned for details and contact Craig Cohen if you have any ideas and would like to get involved: Pbgrebe2001@yahoo.com.

Men's Club Board for the 2023-2024 Year:

Brian Berness & Craig Cohen, Co-Presidents
Bill Greenberg, VP Membership & Historian
Steve Chernela, VP Activities & Communications & CBT Board Representative
Barry Safeer, Treasurer
Steve Katz, FJMC Regional Representative
Marc Rosen, Immediate Past President

Men's Club Meeting Dates:

September 10
October 15
November 12
December 17
January 14
February 11
March 10
April 14
May 19

SISTERHOOD



WHY join Sisterhood? Without you, we're one sister short!

This year Sisterhood will be presenting *Jewish Women Learning Together* in collaboration with Stacey Rockman, teacher extraordinaire. Our first event in this series will be on October 15th. We will find a waterway that needs cleaning up and do "Reverse Tashlich." We'll learn more about *Tashlich* and help the environment.

Join us on Sunday, November 19th at 10 am for our annual **Paid-Up Membership Brunch**, featuring a delicious meal prepared by our own Classical Caterers, and enjoy the music of *Kol Halayla*, the a cappella group from Rutgers Hillel.

On January 14, 2024, we will be doing **Ax Throwing**. Stay tuned for info on the time, place, and cost.

Ongoing Sisterhood programs:

- The Sisterhood gift shop is open during the school year on Sundays, and we also have online shopping. Felice Ciccione is always available to meet with you or provide you with more information on what wonderful items are in the gift shop.
- Sisterhood will be sponsoring a Shabbat lunch.
- Sisterhood participates in Social Action.
- Donate \$180.00 to Torah Fund and receive a pin as a gift. Monies donated to the Torah Fund campaign support the five Conservative/Masorti Seminaries.
- You can also purchase and send Torah Fund cards for any occasion at \$5.00 each.
- To beautify your simcha, Sisterhood provides baskets for the bimah at \$136.00, with a portion going to a charity of your choice.
- To further enhance the simcha, you can also purchase 50 Mazel Tosses at \$36.00.
- Every year, Sisterhood provides Purim Baskets to all members.
- Mah Jongg cards can be purchased through Sisterhood.

Come join us as we learn together, enjoy meals together, listen to music together, throw axes together, and all our other ongoing programs. Sisterhood is a moving and alive organization. *Come join the fun!*

If you have any questions, please email us at sisterhood@bnaitikvah.org.



Cheryl Crick
President



SAVE A TREE! Complete this form online.



bnaitikvah.org/sismem

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

CBT Member: Yes _____ No _____

Please choose the level that best fits you:

- ☐ \$40 Leah Level - Open only to our Senior Synagogue members
- ☐ \$45 Rachel Level - Open only to Synagogue members
- ☐ \$54 Rebecca Level - Open to all (including CBT members)
- ☐ \$72 Sarah Level - Open to all

Please make checks payable to **Congregation B'nai Tikvah Sisterhood** and drop off this form with payment into the Sisterhood mailbox at CBT.

Or mail to:

Teresa Samtur
4 Zev Court
Monmouth Jct., NJ 08852

If you have any questions, please email us at sisterhood@bnaitikvah.org.

SOCIAL ACTION



Shabbat Dinner Series

Welcome Back!

CELEBRATING NEW MEMBERS

*Join us as we celebrate our
members who joined in the
past year!*

Enjoy a traditional Shabbat Dinner
followed by Tot Shabbat & Kabbalat
Shabbat Services.

**Friday, Sept. 8, 2023
at 6:00 pm**

Members: \$20/Adult

Non-Members: \$25/Adult

Children: \$10 (3-13) | Free Under 3

BNAITIKVAH.ORG/SHABBATDINNER



Save the Date!
Nov. 17, 2023
Shabbatgiving

Congregation B'nai Tikvah

1001 Finnegans Lane, North Brunswick, NJ 08902

Lesley | lesley@bnaitikvah.org | 732-297-0696

www.bnaitikvah.org

SOCIAL ACTION

Chaverim- Make New Friends and Keep the Old

Social Action's Chaverim (friends) program launched in February in collaboration with Jewish Family Services (JFS) to promote social connection and support good nutrition among our members aged 60 plus. Improvement in social interaction and nutrition have the potential to positively affect health and quality of life. JFS provides the Kosher lunch, from area restaurants, alternating the meals between meat and dairy, and Social Action funds the programming from your donations. We meet ten times a year. The lunch is provided through a state grant which does not fully cover the cost of the meals, so although there is no charge for the meals, an \$8 donation is suggested and greatly appreciated.

Laurie Boehm, Director of Senior Services at JFS is always present to greet our attendees, check them in, chat, and serve them lunch along with another JFS staff member. They are thrilled to spend time with us and Laurie says that we have the nicest congregants! I am always present along with the great volunteers, two Shelly's- Talmud and Wistreich, to make sure the room is set up properly, to greet our Chaverim, welcome the presenters, help serve lunch and clean up. I am privileged to team up with all these wonderful ladies, and to meet new people and grow my relationships with those I already know.

At the five Chaverim gatherings we've held, I've watched old friends all sit together for lunch and catch up on each other's family news, and people who knew nobody be warmly welcomed and invited to share a table. One group of retired teachers ended up at the same table and I overheard stimulating conversation about education, and at one table one member who had never met another was offering advice about where to move. Members are welcome to bring guests, though they must RSVP to me and complete the once a year registration form. There is no limit to the number of participants. The more, the merrier.

Laura Waksman,
Chairperson



If you have Jewish topics or entertainers which you think would be of interest to others, call me or email me and let me know. I am always open to discussion. We will not meet in September, and will resume on October 24th, when Larry Wolfert returns with **From Sinai to Seinfeld**, a presentation about Jewish Comedy through the decades. On November 28th, I am excited for our first Jewish concert, **Ed Goldberg and the Odessa Klezmer Band**, co sponsored by the Allen Karp Fund for Music. The fund, in memory of Ilene's husband Allen, who was a gifted musician, focuses on music and related programs. Thank you Ilene for offering to bring Jewish music, and I know what will be a joyous afternoon, to Chaverim. This concert could not happen without your contribution. Please check the website under Chaverim for updates on future programming, and look for emails about upcoming program RSVP deadlines.

In other Social Action news, we are joining the Men's Club in collecting aluminum can tabs to raise money for the Ronald Mc Donald House in New Brunswick, <https://rmh-cnj.org/>. It is a home away from home for families whose children are seriously ill and receiving treatment at the New Brunswick hospitals. There will be a jug outside the office in which you can place your can tabs. Be on the look out for a flyer from Men's Club.

What will you do to increase your mitzvah-doing this year?

Wishing you a *Shana Tova u Metukah* - a good, sweet 5784 and meaningful holidays which inspire you throughout the year.

Together...we can make a difference,

Laura
laurawaksman@gmail.com

EVENTS AND PROGRAMS

WOMEN'S TRIP TO ISRAEL

July 2024

With Stacey Rockman

This trip is designed for women who have children at home under the age of 18. Join women from all over the United States for 8 days, while you explore Israel from the top to the bottom. If you are interested, please reach out to Stacey at StaceyRockman@Yahoo.com.

MURDER MYSTERY NIGHT—OCTOBER 14



CRIME SCENE

CBT PRESENTS

MURDER MYSTERY NIGHT

A MURDEROUS GAME SHOW



Everyone's a suspect

Can you figure out who did what?

Saturday, October 14, 2023

7:30PM

\$36 Per Person

MURDER. MYSTERY. NOSH. BYOB.

Check your email for RSVP details!



NEW IN HAKOL...MEMBER NEWS!**MEMBER NEWS****The Congregation welcomes new members:**

Liat & Robert Aufseeser, and their children Ilana, Daniella and Ethan

Orli Bander-Fuentes and Sergio Fuentes, and their son Nico

Welcome back Irwin Kalet!

The Congregation extends congratulations to:

Diana and Rocco Avena on the birth of their daughter, Violet Claire

Debbi and Scott Rekant, on the birth of their granddaughter, Lyla Sophia

Terri and Alan Woller on the birth of their granddaughter, Hazel Juniper

Adrienne & Bruce Rogove, on the birth of their grandson, Isaiah Zev

LouAnne & John Wolf on the birth of their grandson, Elliot (Eli) Wolf

Janice & Art Baer on the birth of their grandson, Jordan Miles

David Marcou, on the birth of his grandson, Theodore "Theo" Jay

Nadine & Allen Weg, on the engagement of their daughter Arielle, to Mark Zager

Charlie & Laurie Valan, on the engagement of Charlie's daughter Daria, to Jordan Schildkraut

The Congregation extends condolences to:

The Haller family, on the passing of our longtime member, Martin Haller

Jay Scheuer, on the passing of his sister, Frances Scheuer

Bob & Margie Atwater, on the passing of Bob's mother, Mildred Atwater

Wade Lebowitz, on the passing of his wife and our dear member, Beverly Lebowitz

Clifford and Amy Smith, on the passing of Clifford's father, Zully Smith

THE GALA IS BACK...SAVE THE DATE!

CONGREGATION B'NAI TIKVAH
PRESENTS

Annual Gala

MARCH

SATURDAY

09

2024

HONORING

*Marci & Marty
Abschutz*



JCFS (JUNIOR CONGREGATION FAMILY SERVICE) - FOR ALL AGES!**CONGREGATION B'NAI TIKVAH PRESENTS****FOR ALL AGES!**

*THE SERVICE IS RECOMMENDED FOR
CHILDREN AGES 5+ BUT PLEASE FEEL
FREE TO BRING THE WHOLE FAMILY!
ADULTS ARE REQUIRED TO STAY.

J.C.F.S.**SERVICES 11AM-12PM • LUNCH TO FOLLOW***Jr. Congregation Family Service***SAVE THE DATES: 10/7/23, 11/4/23 & 12/2/23 WITH MORE TO COME!****QUESTIONS? CONTACT BARRY SAFEER AT SAFEER@COMCAST.NET**

VENDOR FAIR AT CBT!**CBT PRESENTS**

Winter Holiday Vendor Fair



Sunday, December 10, 2023
11am-3pm



.....

Browse a variety of vendor booths, pick
up unique gifts & enjoy delicious food for
purchase from local businesses!

Congregation B'nai Tikvah
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As a Morgan Stanley Financial Advisor, I can work with you to develop a strategy and then help you manage your investments and assets through life's changes. Call today to arrange an appointment. We'll work together to plan for what may come.

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The appropriateness of a particular investment or strategy will depend on an investor's individual circumstances and objectives.

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Donations: July 15, 2023 - August 14, 2023

Rabbi's Discretionary Fund

Barbra & Bruce London, in memory of Jay Scheuer's sister, Frances Scheuer
 Adrienne & Bruce Rogove, in memory of Elaine Brackup
 Dorothy & Larry Cohen, Mazel Tov to Debbi & Scott Rekant on the birth of their granddaughter, Lyla Sophia Rekant
 Marcia & Barry Nathanson, Mazel Tov to LouAnne & John Wolf on the birth of their grandson, Elliot (Eli) Wolf Schwartz
 Marcia & Barry Nathanson, Mazel Tov to Terri & Alan Woller, on the birth of their granddaughter, Hazel Juniper Woller
 Steven Mark, in memory of Arthur Mark
 Patricia Rosen, in memory of Joan Marie McCarthy
 Lauren & Andrew Cohen, Joseph Spindel & the Spindel family, in appreciation for officiating at the unveiling of their beloved wife and mother, Marjorie Spindel, Z"l

Cantor's Special Fund

Sandra Cohen, in memory of Lillian Smith-Cahn
 Ellie & Bill Greenberg, in memory of Joseph Krause
 LouAnne & John Wolf, wishing Stacey Rockman a quick recovery
 Felice & Joseph Ciccione, in honor of Thursday morning minyan
 Steven Mark, in memory of Sally Mark

Yahrzeit and Tzedakah Fund

Amy & Mitchell Schreck, in memory of Warren Schreck
 The Nudelman Family, in memory of Ida Nudelman
 Arlene Bacher, in memory of Sam Levine
 Myra & Howard Dickert, in memory of Abraham Brody
 Rebecca & Alan Denlow, in memory of Paul Weissman
 Stephen Breittkopf, in memory of Harry Rosenblum
 Carole & Bob Turkheimer, in memory of Carole's beloved father, Morris Norack
 Nila & David Mason, in memory of Sylvia Mason
 Lilya & Alexander Shablya, in memory of Roza Sirotkina
 Caren & Barry Dworkin, in memory of Bernice M. Dworkin

Shabbat Luncheon Fund

Joyce & Gerald Fishelberg, in memory of Jay Scheuer's sister, Frances Scheuer
 Cheryl & Myron Asnis, in memory of Myron's mother Ruth Asnis
 Shelly & Steven Talmud, in memory of Shelly's beloved mother, Sylvia Shapiro
 Elisa & Brian Berness, in honor of Allen Pinsky's 2nd Bar Mitzvah
 Elisa & Brian Berness, in appreciation of Rabbi Wolkoff
 Elisa & Brian Berness, in appreciation of Cantor Rockman
 Linda Fellen & Ben Gottesman, in memory of Jay Scheuer's sister, Frances Scheuer
 Arlene & Arthur Cederbaum, in memory of Arlene's beloved brother-in-law, Sidney Lebowitz
 Cheryl & Myron Asnis, in memory of Jay Scheuer's sister, Frances Scheuer
 Gale & Mark Dillman, in memory of Susan Warshaw
 Jill Stone, Mazel Tov to LouAnne & John Wolf on the birth of their grandson, Elliot Wolf Schwartz

Jill Stone, Mazel Tov to Janice & Art Baer, on the birth of their grandson, Jordon Miles Baer
 Herb Mars & Family, in honor of Stacey Rockman's complete recovery
 Herb Mars & Family, Mazel Tov to Laurie & Charlie Valan on the engagement of Charlie's daughter Daria to Jordan Schildkraut

General Fund

Linda Fellen & Ben Gottesman, Mazel Tov to Nadine & Allen Weg on the engagement of Arielle to Mark Zager
 Marcia & Gary Wesalo, best wishes to Stacey Rockman on a speedy recovery
 LouAnne & John Wolf, Mazel Tov to Terri & Alan Woller, on the birth of their granddaughter, Hazel Juniper Woller
 LouAnne & John Wolf, Mazel Tov to Adrienne & Bruce Rogove on the birth of their grandson, Isaiah Zev Stone
 LouAnne & John Wolf, Mazel Tov to Debbi & Scott Rekant on the birth of their granddaughter, Lyla Sophia Rekant
 Joyce & William Halpern, in memory of Steven Halpern
 Joyce & William Halpern in memory of Meyer Halpern

Ruth-Ann Breitler Bikur Cholim Fund

Janet Levy, in memory of Joel Levy
 Janet Levy, in memory of Mary Weiner
 Mark Rosen, in memory of Ruth-Ann Breitler
 Daria, Samantha, Brooke & David, wishing Laurie & Charlie Valan a Happy 4th Wedding Anniversary

Arnie Miller Youth Activity Fund

Phyllis Horlick, in memory of Nelle Evenchick
 Toby & Gary Ehrlich, in memory of David Brown
 Susan Miller, Mazel Tov to Janice & Art Baer, on the birth of their grandson, Jordon Miles Baer

Jodi Wexler Marcou Social Action Fund

Joyce & Gerald Fishelberg, in memory of Martin Haller
 LouAnne & John Wolf, Mazel Tov to Janice & Art Baer, on the birth of their grandson, Jordon Miles Baer
 Cindy & Neal Gittleman, Mazel Tov to Janice & Art Baer, on the birth of their grandson, Jordon Miles Baer
 LouAnne & John Wolf, Mazel Tov to David Marcou, on the birth of his grandson, Theodore "Theo" Jay Marcou
 Dot & Larry Cohen, Mazel Tov to Janice & Art Baer, on the birth of their grandson, Jordon Miles Baer
 Dot & Larry Cohen, Mazel Tov to David Marcou, on the birth of his grandson, Theodore "Theo" Jay Marcou
 Joyce & Gerald Fishelberg, Mazel Tov to Janice & Art Baer, on the birth of their grandson, Jordon Miles Baer
 Lisa & Jeff Tannenbaum, Mazel Tov to LouAnne & John Wolf on the birth of their grandson, Elliot Schwartz
 Lisa & Jeff Tannenbaum, Mazel Tov to Janice & Art Baer, on the birth of their grandson, Jordon Miles Baer
 Lisa & Jeff Tannenbaum, Mazel Tov to David Marcou, on the birth of his grandson, Theodore "Theo" Jay Marcou

Donations Continued

Gale & Mark Dillman, Mazel Tov to Janice & Art Baer, on the birth of their grandson, Jordon Miles Baer
 Gale & Mark Dillman, Mazel Tov to David Marcou, on the birth of his grandson, Theodore "Theo" Jay Marcou
 Cindy & Neal Gittleman, in memory of Clifford Smith's father, Zully Smith
 Laurie, Daria, Brooke, Samantha & David, wishing Charlie Valan a Happy Birthday

Shomrei Tikvah Fund

Brenda & Mark Sherman, Mazel Tov to Nadine & Allen Weg on the engagement of their daughter, Arielle to Mark Zager
 Brenda & Mark Sherman, Mazel Tov to Terri & Alan Woller on the birth of their granddaughter, Hazel Juniper Woller
 Debby & Scott Rekant, in honor of the birth of Terri & Alan Woller's granddaughter, Hazel Juniper Woller
 Marci & Marty Abschutz, in memory of Dora Capon
 Adrienne & Andy Ross, Mazel Tov to Terri & Alan Woller, on the birth of their granddaughter, Hazel Juniper Woller
 Adrienne & Andy Ross, Mazel Tov to Nadine & Allen Weg, on the engagement of their daughter Arielle to Mark Zager
 Adrienne & Andy Ross, in memory of Jay Scheuer's sister, Frances Scheuer
 Adrienne & Andy Ross, Mazel Tov to Adrienne & Bruce Rogove on the birth of their grandson, Isaiah Zev Stone
 Adrienne & Andy Ross, Mazel Tov to Janice & Art Baer on the birth of their grandson
 Adrienne & Andy Ross, Mazel Tov to LouAnne & John Wolf on the birth of their grandson
 Marci & Marty Abschutz, Mazel Tov to LouAnne & John Wolf on the birth of their grandson, Elliot (Eli) Wolf Schwartz
 Marci & Marty Abschutz, in memory of Jay Scheuer's sister, Frances Scheuer
 Brenda & Mark Sherman, Mazel Tov to Janice & Art Baer, on the birth of their grandson, Jordon Miles Baer
 Adrienne & Andy Ross, Mazel Tov to David Marcou on the birth of his grandson, Theodore "Theo" Jay Marcou
 Brenda & Mark Sherman, Mazel Tov to Laurie & Charlie Valan, on the engagement of Daria to Jordan Schildkraut
 Janet Weiss, Mazel Tov to Laurie & Charlie Valan, on the engagement of Daria to Jordan Schildkraut
 Adrienne & Andy Ross, Mazel Tov to Laurie & Charlie Valan, on the engagement of Daria to Jordan Schildkraut
 Adrienne & Andy Ross, in memory of Clifford Smith's father, Zully Smith
 Adrienne & Andy Ross, in memory of Beverly Lebowitz
 Brenda & Mark Sherman, in memory of Clifford Smith's father, Zully Smith

Ritual Fund

Debra & Stuart Allen, Mazel Tov to LouAnne & John Wolf on the birth of their grandson

Torah Restoration Fund

Eileen & Martin Zweig, in memory of Harry (Hesh) Kaufman
 Shirley & Martin Engel, in memory of Lila Engel

Allen Karp Fund for Music

Dorothy & Larry Cohen, Mazel Tov to Nadine & Allen Weg on the engagement of Arielle Weg to Mark Zager
 Charlie, Laurie & Brooke Valan and Samantha & David Bartels, Mazel Tov on Charlie Valan's daughter Daria's engagement to Jordan Schildkraut

Mark Kasdin Memorial Fund

Maxine Kasdin, in memory of Mel Kramsky
 Maxine Kasdin, in memory of Hillary Gross

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| <input type="checkbox"/> Arnold Miller Youth Activities | <input type="checkbox"/> Shiva Fund |
| <input type="checkbox"/> Ruth-Ann Breitler Bikur Cholim Fund | <input type="checkbox"/> Shomrei Tikvah |
| <input type="checkbox"/> Cantor's Special Fund * | <input type="checkbox"/> Jodi Wexler Marcou Social Action Fund |
| <input type="checkbox"/> L'dor Vador | <input type="checkbox"/> Sons of Tikvah |
| <input type="checkbox"/> Passport to Israel Fund | <input type="checkbox"/> Torah Restoration Fund |
| <input type="checkbox"/> Rabbi's Discretionary Fund * | <input type="checkbox"/> Trees for Israel Fund |
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While I healed Love, Stacey

SCRIP/GIFT CARDS AVAILABLE FOR PURCHASE AND HERE'S WHY YOU SHOULD BE BUYING THEM!

Scrip/Gift Cards are available for purchase at the CBT office every day, at Board meetings, and during religious school hours on Sunday mornings. Cash and check are preferred methods of payment, but we do also take credit cards. We have ShopRite, Stop & Shop and Home Depot cards in stock.

Why don't you buy gift cards? Here are some possible reasons:

- The cards are too heavy
- I forgot to bring cash/check with me to meetings/religious school
- I would rather pay higher dues than get a credit on my dues
- I am on a diet

Here are some facts about our Gift Card program:

- Over the last fiscal year: Gift Card profits to CBT were over \$3700
- Over \$1230 was given back to members in dues' credits
- \$79K in gift cards were purchased by **ONLY 39** member families—less than 13% of our membership

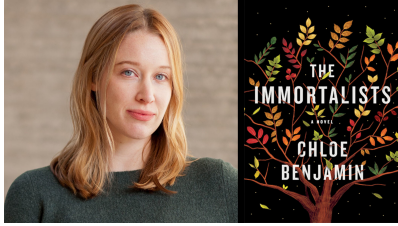
Can you imagine if more of you purchased gift cards?

PLEASE consider purchasing gift cards/scrip. We do our best to make them as accessible as possible.

Call the CBT office to make arrangements to pick them up, or have them delivered to you.

THANK YOU!

MORE OF OUR ADVERTISERS, BOOK CLUB AND THANK YOU!



Lynn Biderman

CBT BOOK CLUB

Our next meeting is Tuesday, October 10,
at 7:30pm.

We will be discussing "The Immortalists"
by Chloe Benjamin

This is an in-person-only meeting. No Zoom.

Happy reading,
Lynn Biderman, CBT Book Club Chair

2023-24 Dates:

December 5: "The Hidden Affair"
by Pam Jenoff
February 13: t/b/d
April 15: t/b/d
June 18: t/b/d
August 20: t/b/d

For information contact Lynn Biderman:
732-439-9999 or r.lynn.biderman@gmail.com.

THANK YOU!

Thank you to Gale Dillman, Arline Kane, Debbi
Rekant, Shelly Wistreich, and our leader,
Marci Abschutz, for putting together the High
Holiday packages.

We couldn't have done it without you!

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Linda@fellenlaw.com

CBT-HOMEMADE SHABBAT LUNCHES ARE BACK...AND WE NEED YOUR HELP!

We are resuming our CBT-Homemade Kiddush lunches in October, but we need some more volunteers to keep this wonderful tradition going.

This is not a weekly commitment, and the more volunteers we have, the less commitment it will be for any one person. The hope is that you only have to do this only every 6 weeks at the most, and if we have enough volunteers, it could possibly be every 8-10 weeks.

The commitment needed:

- Shop for the ingredients needed (typically done on Tuesday/Wednesday of your scheduled week)
- Cook (can be done on Thursday, or Friday morning).
- The cooking should only take 2-3 hours and you'll be paired with another volunteer, so that it doesn't fall on just one person.
- The instructions and recipes will be provided to you in advance, so there is no planning on your part. Just simply to shop and/or cook.

If you can help us out, please contact the office. Thank you!

BLOOD DRIVE—OCTOBER 9, 2023

Due to a desperate need for blood, Vitalant has asked us to host an additional blood drive on Monday, October 9.

Please consider donating blood. You can register here:

<https://bnaitikvah.org/event/blood-drive/>

THANK YOU!

A very big thank you to Sharon Cohen, who coordinated and led our Summer Tot Series, for the 3rd year in a row. Sharon does an amazing job with our littlest friends, and our summer program would not have been a success without Sharon's hard work and planning.

Thank you Sharon!

(Continued from page 4)

President's Article

I remember watching the movie, "Witness" back in 1985. What I remember in the movie was the scene when the young couple in the Amish community was married, and as an entire community contribution, EVERYONE helped build a barn for them in a day: The men were constructing, the women were making lunch and dinner for the builders, and the children even had roles and tasks in the process. Each of those participating weren't necessarily the "best friends" of all the others, but the community came together in common need and made something special and continued to be there for each other. That was also demonstrated in a bunch of other scenes; a community there at any given moment to support and be there for each other. Bottom line, without everyone's contribution, that barn doesn't get built in one day.

Every generation hands the keys to the castle of life to the next generation. They might not adopt every exact idea or action of the previous generation and might lay the foundation of their own identity, but the spirit is alive and the caring to the mission to be there in support should be the fabric of a community. We build life by supporting life. By being there for each other and understanding that not always can we go it alone or not be in a position to extend that branch to someone for help. The thing is will that community be there to help each other?

We can walk this planet with two different attitudes. One is to position yourself by saying, "What can I do to help you?" This is the person that is flexible and wants to reach out their hand and while not expected to ALWAYS be there, is there more often than not. Then there's the other approach which is, "Let me tell you what I'll do for you". That is an individual that will do what they want and hope you'll jump in. Probably not the person who is there when you need them for something as they will pick and choose in the absence of overall being there as they'd want others to be there as well. My preference is the first person. Sometimes just to be there to listen is enough. But always good to know someone cares about, "What can I do for you?" While not there all the time, I will be there when I can. And if everyone is there when they can be and the others can't, before you know it, you always find support.

Those who are currently here, we should always be a community of saying, "What can I do for you?" because if we're saying it to each other, we always have people who are here for each other. Those who left us laid the foundation for the next generation to hopefully continue in community. Those who have their values often need others to help support that and we should all care. And those setting a new path, it should be all of our hope that path is built on continuation of the existence of our community as opposed to slowly separating it. For its continued existence is what any creator wants to see from what they no longer can physically construct on their own anymore. Being there for each other is what community is all about.

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Happy Birthday to our September Birthdays**

Harriet Cohen
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Steven Mark
Howard Kalish
Joseph Spindel
Eleanor Greenberg
Norman Feinstein
Jill Stone
Sharon Decker
Audrey Flumen
Steven Millinger
Sima Brokowsky
Arline Kane
Eileen Zweig
Alan Feinberg
Martin Zweig
Marc Binder
Meryl Gonchar
Caryl Greenberg
Matica Bierstein
Tom Peters
Howard Waksman
Linda Fellen
Stacey Imber
Craig Sherman
Randy Sherman
Barry Safeer
Kim Riemann
Adriana Reininger
Jonathan Adelman
Nessa Madison
Rebecca Kilcoyne
Jake Zimmerman
Samantha Bartels
Corey Sookerman
Mark Rubin
Sarah Wilk

****Birthdays listed are the primary members and children through age 26 (and who we have on record). If your name doesn't appear, and fits these parameters, please let the office know.**

DIRECTORY OF STAFF AND VOLUNTEERS

TITLE	NAME	PHONE #	E-MAIL ADDRESS
Rabbi	Robert Wolkoff	732 297-0696	MyRabbi@bnaitikvah.org
Cantor	Bruce Rockman	732 422-0963	Cantor@bnaitikvah.org
President	Charlie Valan	732 991-2903	CValan@bnaitikvah.org
VP Administration	Kevin Krane	732 857-0570	Kevinkrane@gmail.com
VP School & Youth	Melissa Kessler	617 869-1422	Melissa.Dara.Kessler@gmail.com
Co-VP	Scott Kessler	732 789-8202	Scottmkessler@yahoo.com
VP Ways & Means	Amanda Uniman	908 930-2526	amandabethuniman@gmail.com
VP Activities	Steven Juro	732 960-1215	SJuro@verizon.net
Co-VP	Danny Greenberg	732 439-2610	greenbergdan@gmail.com
VP Membership	Cindy Gittleman	908 313-5940	cindy.gittleman@yahoo.com
VP Ritual	Gordon Heit	732 297-6284	Gordon0217@comcast.net
Financial Secretary	Larry Cohen	732 821-4376	Licdac1@gmail.com
Treasurer	Andrew Ross	732 561-2467	Andrew.D.Ross424@gmail.com
Asst. Treasurer	Barry Nathanson	732 940-2786	barry.nathanson3646@gmail.com
Recording Secretary	Kim Riemann	732 887-0216	kim.riemann99@gmail.com
Past President	Marty Abschutz	732 419-9312	marty.abschutz@gmail.com
TRUSTEES			
	Michael Atzbi	732 740-3705	Mike_Atzbi@hotmail.com
	Diana Avena	860 916-7512	diana.schimmel@gmail.com
	Bobbi Binder	732 690-4779	BobbiJBinder@gmail.com
	Andrew Goldberger	908 472-6874	MKag@comcast.net
	Ben Gottesman	732 216-7161	ben.gottesman@gmail.com
	Ruth Anne Koenick	732 407-4699	RAKoenick@gmail.com
	Barry Safeer	732 432-9622	Safeer@comcast.net
	Jeff Schwartz	732 297-6365	JSchwartz@auerpak.com
	Doug Smoller	732 718-9203	DSmoller@comcast.net
	Larry Weber	908 881-6383	Lawrence.Weber7@gmail.com
	Gary Wesalo	609 642-8967	GWesalo@gmail.com
REPRESENTATIVES			
Men's Club	Stephen Chernela	908 451-0660	steve.chernela@icloud.com
Sisterhood	Marci Abschutz	732 735-1946	marci.abschutz@gmail.com
USY	Jordyn Weintraub	732 354-6275	jordynweintraub@gmail.com
Administrator	Lesley Lewkowicz	732 297-0696	Lesley@bnaitikvah.org
Administrative Assistant	Marci Abschutz	732-297-0696	office@bnaitikvah.org
Religious School Director	Cantor Bruce Rockman	732 297-0696	CBTSchool@bnaitikvah.org
Bikur Cholim	Jill Stone	609 642-6940	bikur@bnaitikvah.org
Blood Drive	CBT Office	732 297-0696	Lesley@bnaitikvah.org
Book Club	Lynn Biderman	732 297-6691	R.Lynn.Biderman@gmail.com
Hakol Editorial Staff	CBT Office	732 247-2727	Lesley@bnaitikvah.org
Advertising	CBT Office	732 297-0696	Lesley@bnaitikvah.org
Historical Committee	Bill Greenberg	732 297-6953	Sailor4498@optonline.net
Cemetery Committee	Arthur Cederbaum	732 821-8162	Arthur.Cederbaum@mssm.edu
House & Grounds	Kevin Krane	732 857-0570	KevinKrane@gmail.com
Judaica/Gift Shop	Felice Ciccione	732-816-3635	LorFox@aol.com
Junior Congregation	Barry Safeer	732 432-9622	Safeer@comcast.net
Kiddushes, Lunches, & Onegs	CBT Office	732 297-0696	Lesley@bnaitikvah.org
Men's Club President	Brian Berness	732 422-9449	BSBerness@verizon.net
Co-President	Craig Cohen	732 658-3042	pbgrebe2001@yahoo.com
Passport to Israel	Marc Rosen	732 940-2786	Marc58187@aol.com
Religious School Parent's Cmte.	Cheryl Crick	732 357-2981	CherylCrick13@gmail.com
Co-Chairs	Sharon Cohen	732 658-3042	Goldberg-Sharon@hotmail.com
Ritual Committee	Gordon Heit	732 297-6284	gordon0217@comcast.net
Social Action	Laura Waksman	908 210-8379	LauraWaksman@gmail.com
Supermarket Gift Cards Manager	Barry Safeer	732 432-9622	Safeer@comcast.net
Sisterhood President	Cheryl Crick	732 357-2981	Sisterhood@bnaitikvah.org
USY/Kadima	Sydney Sookerman	908 210-8379	nsbrunswickusy@gmail.com
Webmaster	Kim Riemann	732 940-4066	webmaster@bnaitikvah.org

SEPTEMBER CALENDAR OF EVENTS

- | | |
|--------------------------------------|--------------------------------------|
| 4—Labor Day (Office Closed) | 15—Erev Rosh Hashanah |
| 5—CBT Board Meeting, 8pm | 16-17—Rosh Hashanah |
| 6—Rabbi's Lunch & Learn, 12pm | 20—Rabbi's Lunch & Learn, 12pm |
| 6—Ritual Committee Meeting, 8pm | 20—Religious School |
| 8—CBT Shabbat Dinner, 6pm | 20—Sisterhood Program (offsite) |
| 8—Kabbalat Shabbat Services, 7:30pm | 21— EC Meeting, 8pm |
| 9—Selichot Program and Services, 9pm | 24—No religious school |
| 10—1st day of religious school | 24—Erev Yom Kippur/Kol Nidre |
| 10—Challah Bake | 25—Yom Kippur |
| 10—Men's Club, 10am | 27—Rabbi's Lunch & Learn, 12pm |
| 10—Sisterhood Program (offsite) | 29—Erev Sukkot |
| 10—PJ Library Holiday Program | 29—Hunan in the Hut, 6pm |
| 12—Sisterhood Board Meeting, 8pm | 29—Kabbalat Shabbat Services, 7:30pm |
| 13—Rabbi's Lunch & Learn, 12pm | 30—Sukkot |

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¼ page	3¾" x 5"	\$400	\$65
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