

Our Mission: To foster a vibrant egalitarian Jewish community founded in the religious customs and traditions of Conservative Judaism; offering excellent Jewish education and community activities for all ages with commitment to Israel and Jewish communities throughout the world.



## WISHING YOU A HAPPY NEW YEAR 5777 (2016 - 2017) HIGH HOLIDAY SERVICES

### Selichot

**Saturday, Sept. 24**

Program	9:00 pm
Service	11:00 pm



### Rosh Hashanah Eve

**Sunday, Oct. 2**

Mincha/Ma'ariv	6:00 pm
Candle Lighting	6:19 pm

### Rosh Hashanah

**Monday, Oct. 3**

Morning – Shacharit	9:00 am
Tashlich	5:45 pm
Mincha/Ma'ariv	7:00 pm
Candle Lighting	7:25 pm

**Tuesday, Oct. 4**

Shacharit	9:00 am
Mincha/Ma'ariv	7:00 pm
Candle Lighting	7:23 pm

### Kol Nidre

**Tuesday, Oct. 11**

Mincha Service	5:45 pm
Kol Nidrei	6:00 pm
Candle Lighting	6:05 pm

### Yom Kippur

**Wednesday, Oct. 12**

Shacharit	9:30 am
Yizkor (approx.)	1:00 pm
Mincha/Ne'ila/Ma'ariv	4:00 pm
Havdalah/Shofar Blown	7:00 pm

### Junior Congregation

Services at 11:00 am for the High Holidays

## From the Desk of Cantor Bruce Rockman



### With Help from God, You Can Do Better....Still

We are all sinners. Each year, at this season we gather to cleanse our souls. It is an awesome time, Jews everywhere pour out their deepest regrets to directing their prayers to God while also attempting to make amends with the physical world.

It has always seemed odd to me that we pay so much attention to requesting forgiveness from God above, who we understand to be all forgiving, while we should be pleading our case to the person that is sitting next to us.

Liel Lebowitz in Tablet, the Jewish online magazine wrote "*Judaism differentiates among different degrees of being bad*—

1. **Cheit**, a sin performed inadvertently.
2. **Avon**, a sin committed under the sway of wild desire.
3. **Pesha**, a hardened and deliberate rebellion against God.

*The first category calls for abundant compassion; the word **cheit** literally means "missing the mark," suggesting that the sinner is more of an errant archer than a smooth criminal.*

*The third category, naturally, involves stern retribution, as rising up against the Lord isn't something to be trifled with.*

*The second category is the most difficult to understand. The Rambam addresses this question in his Mishneh Torah, and it finds him in a gentle, forgiving mood: Speak softly and kindly, he counsels of anyone addressing those who've committed an **avon**; show the sinners respect, and speak so as to benefit—never to humiliate—them".*

The challenge for each of us therefore extends beyond our visits to the synagogue, praying as a community is the genesis of being forgiven. Forgiveness, surely, can be a very difficult process. Forgiveness is NOT denial, is NOT pardoning our behavior, NOT excusing your actions, such as "But it was not my fault!" Forgiveness is certainly NOT condoning what we did, as "you didn't do anything wrong!" Forgive and learn is good approach, but forgive and forget is NOT forgiveness.

Forgiveness IS a decision to release your negative feelings, it is a response, choosing a more positive answer to a mistake. Forgiveness IS an attitude, by having a forgiving attitude, you can change your life and the lives of the people you care about most. Forgiveness IS a process; you can get started now, it can take time to heal old wounds. Forgiveness IS a skill, it is learnable, emphasize your compassionate nature. Forgiveness IS a behavior; forgiveness is the way that you think about things, being an understanding person, looking for the good in people.

Liel Lebowitz recounts "*The Hasidic master's Hasidic master, Reb Zusha, born in 1718 in Galicia, was an expert in many things, most impressively the ability to see the divine spark that burns even in the darkest transgressions.....We all mean well. We all try. We all fail. The point is to keep trying. Zusha understood that perfectly. On his deathbed, goes another story, the old rabbi sat and wept bitterly. His students, gathered around him, speculated about what could make their rabbi so despondent. "I bet he's crying," said one, "because he fears that when he meets God, the Almighty will tell him he was not quite as righteous as King David." "No," argued another, "it's because he fears that God, when he meets him, will tell him he was not quite as holy as Moses." Overhearing the conversation, Reb Zusha lifted his head and smiled. "The only thing that truly frightens me," he told his students, "is to meet God and have Him tell me 'Zusha, you have not been the best Zusha you can be.'" We should all share the same concern. Nothing else truly matters.*

Forgiveness IS an emotional change, forgiveness has many facets. In our petitions and offers of forgiveness we are sure to include God, our family, our friends, our acquaintances and we must also learn to forgive our OURSELVES.

I wish you a sweet, peaceful, healthy and meaningful New Year.

Worship the Lord with Joy and Gladness.

Cantor Bruce Rockman

## A Message From Rabbi Robert Wolkoff



“Lord, open my lips,  
and my mouth will declare your praise.”

These are the words, always spoken in silence, that we say before we recite the Amidah prayer, a high point of our daily services. It calls our attention to the paradox at the core of prayer. On the one hand, we presume that when we pray, *we* pray. It seems that if we choose to pray, *we* are the ones who initiate it. Putting the meditation before the Amidah tells a different story. It tells us that if we pray, it is because G-d has helped us to do so.

Of course, it doesn't feel like that, at least not initially.

And yet, we still pray.

We pray to be part of a community. When we hear Cantor Rockman chant the melodies that are so familiar to us—*kol nidrei, ad-nai ad-nai, romemu*—we know that we are where we are supposed to be. And with the people we are supposed to be with. We build community when we kibbitz with our neighbor, too, and that's important. That's why we always have a whole kibbitzing room set up for the High Holy Days. But *kibbitzing* with our neighbor is not as communally binding as *praying* with our neighbor. When we kibbitz together, we stay on the same level. When we pray, we rise to a higher level.

On that higher level, we find another reason to pray: to communicate. We pray in order to “declare.” We declare our praise, and our needs, and our gratitude. We declare our beliefs, our hopes, and our visions. We declare who we are.

But that leaves open the question of *who we should be*.

And that brings prayer to a higher level still. For prayer is an opportunity to still our internal dialogue, our constant and endless narration of our lives (the stock market, the weather, the game last night, the to-do list...) and instead let G-d speak to us. This is the most difficult aspect of prayer for most of us. Our minds are cluttered. We are literally full of ourselves. And that crowds out the voice of G-d. This level of prayer offers us stillness and rest. It allows us to become mindful.

Community. Communication. Contemplation. The world of prayer. Community is social. Communication is cognitive. And contemplation is, well, contemplative. Each of us finds ourselves in a different place in the world of prayer, and each of us is on our own journey, moving in our own direction. But we move together, sharing a tradition, a liturgy, and a sacred space. In the year to come, my hope is to help people along on their journeys, to better understand how prayer can enhance our lives on every level, and bring us even closer together for a wonderful new year at CBT.

On behalf of Ruth-Ann and our children, I wish you a *shanah tova umetukah*, a sweet and healthy—and prayerful—new year.

Rabbi Robert L. Wolkoff

## HAKOL

The Newsletter of **Congregation B'nai Tikvah, JCC of North & South Brunswick**  
1001 Finnegan's Lane North Brunswick, NJ 08902

Published monthly, except for July and August. Submissions are welcomed about Congregation events, group activities, and anything relevant to the Jewish community. Submissions are subject to available space and editorial constraints. All Submissions are due by the 12th of the preceding month. Please send submissions and correspondence via e-mail to: [hakol.cbt@gmail.com](mailto:hakol.cbt@gmail.com). View online at [bnaitikvah.org](http://bnaitikvah.org) and CBT Newsletter.

Editor: Michael Weiss

Advertising: CarolAnn Harkavay

## A Message From Our Co-Presidents



Allison Nagelberg,



Ruth Anne Koenick, Co-Presidents

The holidays are too early, the holidays are too late, how come no one ever says they are right on time? After all, with the Jewish calendar, we all know that each year, holidays move around the secular calendar and don't always start when you want them to. This year, Chanukah starts on Christmas Eve and ends on New Year's day....who ever heard of such a thing? A few years ago, it started on Thanksgiving (the classic "Thanksgivukah"), which made for all types of creative latkes and turkey-shaped menorahs. But no matter how much we complain, Chanukah is always on the same date of the Hebrew year - 25 Kislev - and the first day of Rosh Hashanah is always on the 1<sup>st</sup> day of Tishrei. So why is it always a surprise? Ruth Anne's father, of blessed memory, was born on the 5<sup>th</sup> night of Chanukah but when he came to this country as a young boy, his birthday became December 5<sup>th</sup>. Of course half the family became Koenick and half became Cohen, but that is for another time.

No matter when the various holidays arrive, there is always so much going on at our congregation – religious, educational, social and spiritual – and always with that special B'nai Tikvah spirit. On Rosh Hashanah and Yom Kippur, our sanctuary and social hall are filled to the brim and at Ne'elah, everyone has a few moments to say a special prayer before the open ark – as individuals, as families, and

as communities of friends. Chanukah brings a night of community celebration and candle lighting. This past year, we added to our Passover festivities a 3<sup>rd</sup> Seder, a night of song, prayer, good food (yes,

Passover food can be good) and a strong feeling of community. In between an array of programs reinforcing our commitment to and love of Israel, we also had an amazing gala, a Purim pub crawl, baseball games, movies, picnics, Sundaes on Saturday, and so much more.

So start the Jewish year off right, get involved, join a committee, Sisterhood or Men's Club. Come to a congregation meeting and have your voice heard. Volunteer to help sell scrip or help the office with mailings. Come to Shabbat services and feel the spiritual companionship. This year, the Rabbi is focusing his educational programs on prayer. So many of us pray, but aren't so sure why we stand or sit during certain prayers, or even what we are saying. Why do we lightly tap our chest over our heart during the Yom Kippur confessional? So many questions, and because we are Jewish, so many answers and opinions. There is something for everyone at B'nai Tikvah. We look forward to seeing everyone take part and growing together.

Shana Tovah,  
Allison Nagelberg, Co-President  
Ruth Anne Koenick, Co-President



### DURABLE MEDICAL EQUIPMENT

Wheelchairs, walkers, and canes are available to congregants in need of short-term assistance, compliments of the Bikur Cholim Committee. Contact the synagogue office or any of the ushers. During services.





## CBT Religious School and CBT Chai

*Jennifer James, Director of Education*



“Turn it on turn it and turn it again, for everything is in it.”

What is the “it” in this rabbinic sentence? “It” is Torah! And every week in religious school, our students turn it and turn it and turn it again, trying to see how, even in their young modern American lives, everything is in Torah.

Each Sunday morning, every one of our religious school classes says the blessing for Torah study and then engages with the weekly Torah portion the partial a shovel. Our young learners in kindergarten and first and second grade learn the stories, talk about what they thing the stories are telling us and what they stories make them feel, and often do projects that are both fun and helpful memory tools. From Kitah Alef (third grade) on up through CBT Chai, the students engage in increasingly sophisticated discussions about the meaning of the weekly parsha. Our teachers choose an aspect of the parsha that they think might spark interest in their learners, or lead to drawing a connection between the Torah and their own lives.

Here is an example from Mrs. Winter’s Alef class on the first day of Religious School recently:

This week’s parsha was Shoftim which means “judges.” It starts by telling us something that seems very obvious. The Torah tells us that we should have “judges and policemen in all of our cities.” We spoke about what the children think our world would be like if there were no rules, or if they were not enforced. This parsha is all about justice and forgiveness (between people, cities, countries, and even justice for the earth we live on). This Torah por-

tion can also be greatly connected to the upcoming holidays of Rosh Hashanah and Yom Kippur because it is all about justice and forgiveness, and so is Yom Kippur.

Parsha Shoftim also says that we have a responsibility to take care of our environment as Jews. I asked the class how we can do that? Their answers were great-- pick up garbage, don’t litter, recycle, don’t pollute, and plant trees and take care of them.

Other classes focused on the repetition of certain words in the parsha and talked about the possible meanings of repetition in Torah; and some older students talked about dispensing justice ethically, and how that might look different today than in ancient times.

Many Jewish religious schools approach the Torah as a grade-year subject: in third grade the children will learn about the stories in B’reishit (Genesis), and in fourth grade they will learn about the stories in Sh’mot (Exodus) . . . and then pretty much leave it at that, without ever reaching the other books in the Torah or revisiting those first two books. We choose a different approach at B’nai Tikvah. We choose for our young Jews to engage with the Torah on the same cycle with all Jews everywhere. When a portion is being read on Shabbat, that same portion is being examined by our Religious School students the next day. This increases awareness among our students that we are not learning in a vacuum, and exposes them to far more aspects of the Torah. There are lessons to be learned and connections to be drawn from even the most seemingly arcane parsha in Vayikra (Leviticus), Bamidbar (Numbers) and D’varim (Deuteronomy).

No matter how many years our students go through this cycle of studying Torah, they will never run out of new things to learn and interesting ideas to consider. They will turn it and turn it and turn it again, and hopefully find out for themselves that everything is in it.

*B’shalom,*  
Jennifer





# Family Shabbat Dinner and Service OCTOBER 21, 2016

**Friday, October 21, 2016 RSVP by 10/19/2016 - PLEASE**  
**6pm in the MULTI PURPOSE room (maybe in the Sukkah)**

Bring a friend or  
two!!  
Everyone is  
Welcome

Baked ziti dinner with salad and challah.  
Fresh veggies to nibble on before hand.  
Cost \$8 per adult, \$0 for children 2-12.  
Peanut Free dinner and dessert.

**SPECIAL FOOD REQUEST? Please contact Bobbi**

Cannot attend the  
dinner?  
Come to services  
at 7pm

Is your child or other family member celebrating a birthday or  
any other special occasion in the month of October? Please let us  
know so that we can make this announcement. For \$18 you can  
**SPONSOR** the Kiddush in honor of that event or any other  
special occasion. See order form below.

**CONTINUING FOR THIS YEAR:**

At 7pm a service geared for older children 8-12 will be held in the  
Beit Midrash led by Barry Safeer!!!

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families with children between the ages of 2 and  
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You need not attend the dinner to attend  
services.  
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Junior Congregation at 7pm in the Beit  
Midrash*

# of adults \_\_\_\_\_ @ \$8.00/adult Amount due\$ \_\_\_\_\_

# of children \_\_\_\_\_ @ \$0.00/child Amount due \$ \_\_\_\_\_

Sponsoring Kiddush \_\_\_\_\_ @\$18.00

Total due \$ \_\_\_\_\_

Your name: \_\_\_\_\_ Phone #: \_\_\_\_\_

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Yes, I/We would like to sponsor the Kiddush and have enclosed \$18. Please announce the following:

Make your check payable to "Congregation B'nai Tikvah" with "Family Shabbat Dinner" on the envelope. Mail it  
to the synagogue or leave your payment in the Family Shabbat Slot in the synagogue office by  
OCTOBER 19, 2016

Questions? Call Bobbi @ 732-690-4779 or email eemaof3@comcast.net

## You will be Invited to the eGroup



B'nai Tikvah maintains several email accounts at Yahoogroups.com for various purposes. Most are "private" for groups such as Sons of Tikvah, Men's Club, The Ritual Committee, etc. but, one of these accounts is designed to be used by all congregants.

The eGroup@BnaiTikvah.org is a general, uncensored, discussion group where opinions and information about our community are openly discussed. It's also a proper place to share recipes and ask for advice of your fellow congregants. It has become somewhat of a sub-culture within the congregation for those wishing to reach out for help or make known to the community of non-synagogue related announcements of importance.

In this economy, recent communications have tended to focus upon the availability of jobs and individuals looking for sources of income or ways to save money.

However, the eGroup@BnaiTikvah.org is not a resource to advertise your business nor to be used for commercial purposes. To insure the group remains spam-free, membership is by invitation only.

In an effort to make this forum available to more members, I will be sending "Yahoo Invitations" to all synagogue members who have registered their email address with the synagogue office. It is also possible for you to be part of this group (and have the ability to post messages) without having to receive mail from the group. As a member, you can check on recent postings by going to the Yahoo website: [groups.yahoo.com/group/bnaitikvah/messages](http://groups.yahoo.com/group/bnaitikvah/messages)

Feel free to contact me about this group.  
Gary Bergman at [finally@optonline.net](mailto:finally@optonline.net)  
732-246-7285

May God give us the strength to get through this presidential campaign and may some of the promises made be kept. May we believe at least half of what the candidates propose and may those elected fulfill at least half of what they promise and may the miracle of reducing taxes and balancing budgets be made.



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## Molly Picon Sweetheart of Second Avenue

Join the Brandeis National Committee, Middlesex Chapter on Wednesday, October 19, at 1 PM at Congregation B'nai Tikvah for Molly Picon, Sweetheart of Second Avenue. For an astonishing eight decades, Molly Picon was a force of nature both in the realm of Yiddish theater and in the wider world as well. She was the first internationally known Jewish female performer. Picon also starred on radio and TV, on Broadway and in motion pictures. A passionate supporter of Israel and of Yiddish culture, she also tirelessly fundraised for UJA and sold World War II bonds. Marcia Midler returns to share the life story of this multifaceted woman who led a most impactful life.

This program is free and open to all. To reserve a seat, please contact: Carol Adelman 732-238-3477 or Geri Frank 732-297-2556.



## Pre-KADIMA

An open  
**Pizza Party Program**  
has been scheduled for  
**Sunday, October 16th**  
**noon to 1:30 pm**

For more information please contact  
Michelle Wilson

Brandeis National Committee,  
Middlesex Chapter presents

### Matzah Balls and Basmati: Growing Up Jewish with a Muslim Father

**Thursday, November 3, at 1 PM**  
**at Congregation B'nai Tikvah**

B'nai Tikvah members are invited to attend at the BNC member rate of \$15.

Duryan Bhagat-Clark believes it is important to share her insights and experiences growing up with a Jewish mother born in the US and a Muslim father raised in India.

Mixed marriages can be complex culturally, with religion only one component. In this highly charged political season rife with differences, she is committed to sharing the value of tolerance with others. A member of Temple Shalom in Aberdeen, she is looking forward to her daughter's Bat Mitzvah, as is her Christian husband. With wit and charm, Duryan provides a front row seat to the challenges and joys of blended families.

For more information or to reserve a place, please contact Caryl Distel 732-297-0755 or Shelli Altman 732-264-8651.



## ROOMS FOR RENT AT CBT

Looking for a place to have a birthday party, anniversary celebration, other lifecycle events, basketball game(s), soccer practice, dance classes, etc.? Please think of B'nai Tikvah.

We have a 4,000 square foot multi-purpose room/gymnasium with basketball court, stage and kitchen. If the room is too big for your function, there is a folding wall so it can be made into 2 smaller rooms. There are also six classrooms available, large bathroom facilities and an on-site caterer.

The classrooms can be used for small parties, to start a class and share a skill that you are terrific at, etc. We have the tables (round and rectangular) and chairs needed for your function. Our room rates are reasonable and you can use Classical Caterers for scrumptious kosher meals or pick from our list of acceptable restaurants.

For more information, please contact the office at  
732-297-0696



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### THIS MONTH

#### **Wednesday, October 19<sup>th</sup> at 7 pm** **Zumba and Zukkah**

Join the CBT Sisterhood for a fun Zumba in the Zukkah. To RSVP or for any questions, please email [cdm0710@optonline.net](mailto:cdm0710@optonline.net).

### SAVE THE DATE

**Thursday, November 17<sup>th</sup>, at 6:30 pm**  
**Sisterhood's Paid-up-Membership.** All paid members are invited. For Membership application form, please visit <http://bnaitikvah.org/community-2/sisterhood/sisterhood-membership-application/>

**Saturday, December 10<sup>th</sup> at 8 pm**  
**Latkes and Vodka.** Come nosh with your fellow CBT family. More details to follow.

**Thursday, January 19<sup>th</sup> at 7:30 pm**  
**Join us for a Book Talk:** Saving Sophie, by Ronald H. Balson

**Saturday, February 25<sup>th</sup> at 7:30 pm**  
**Passover Poker is back!** Open to the entire community. Bring your friends for a great time. More details to follow.

**Membership** - It's never too late to join Sisterhood. Please visit the CBT website at <http://bnaitikvah.org/community-2/sisterhood/sisterhood-membership-application/> if you are interested in getting involved.

Sisterhood would love to welcome you. For more information please contact Melissa at 617-869-1422 or at [Melissa.dara.kessler@gmail.com](mailto:Melissa.dara.kessler@gmail.com).

### **Gift Shop**

Store Hours

Sunday 9AM-12PM

By Appointment contact Serena Blackin at 732-390-9515 or [serena@blackin.org](mailto:serena@blackin.org)

### October Special

Take 20% off any Rosh Hashanah item  
50% off all clearance items

Please remember the gift shop only takes checks and cash.

### **Torah Fund**

The new pins are here. They are meaningful and beautiful. Join us in supporting the Jewish Theological Seminary and its parts by pledging \$180 and receive a pin as a gift for your donation. Contact Ann Rosenzweig at [Anndyapt@optimum.net](mailto:Anndyapt@optimum.net) or by phone at 732-249-9141. Watch the bulletin board for pix as well as beautiful new Torah Fund Cards that will be available soon.

### **Mitzvah Baskets**

Having a B'nai Mitzvah or other simcha? Let Sisterhood decorate the bima with two non-perishable food baskets. We also deliver the baskets for use at other synagogues, so tell your local friends about this service! For more information or to order your mitzvah baskets, contact Kim Riemann at [Kimmer99@aol.com](mailto:Kimmer99@aol.com)

### **Mazel Tosses**

Enhance the simcha of your child's special day by having Sisterhood make soft, candy-filled bags to sweeten the day. Also great for an ufruf. Contact: [Bonnie.Kudwitt.Beedirect@aol.com](mailto:Bonnie.Kudwitt.Beedirect@aol.com)

Visit the B'nai Tikvah website to order your Mitzvah Baskets and Mazel tosses. Please have your forms in one month before your mitzvah.



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**WEEKDAY MINYAN REMINDER**

There is a group of daveners at B'nai Tikvah every day: Sunday through Thursday evening at 7:30 pm. Thursday morning at 7:30 am and each Sunday morning at 9:00 am.

If you will be coming to the synagogue for a meeting or to bring your children to Religious School or if you are

available at any of these times, please stop by the Beit Midrash and join us. Your attendance may make the difference between whether someone will be able to say Kaddish or not.

Weekday evening services only take about 15 minutes of your time. Weekday morning services last about an hour.

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### The JCC Early Childhood Center At Congregation B'nai Tikvah

Fall is a glorious time in the Early Childhood Center! Our trip to Von Thun Farms, complete with apple picking and a visit to the pumpkin patch, set the stage for engaging our students with the wonders of nature and the changing seasons.

That is very much a theme of the Jewish holidays now as well. Sukkot is a particular favorite, with the children building their own sukkahs in each classroom and even in the playground outside! We also visit the synagogue sukkah to admire the decorations that they and the rest of the children in our B'nai Tikvah schools contributed to beautify this community space. Shaking the lulav and etrog are phenomenal physical learning activities for young children, and for our Jewish learners we are helping them make important memories as well.

*B'shalom,*  
Jennifer



Contact for your next vacation.  
Mention B'nai Tikvah and a donation  
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**FJMC North NJ Region  
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**CBT Men's Club "Man of the Year"**

And

**Evie Cukor**

**Mikayla Talmud**



**CBT "Co-Youth of the Year"**

**Mazel Tov!!!**

When: Wednesday, Nov. 9<sup>th</sup> at 6pm

Where: Marlboro Jewish Center, 103 School Road West, Marlboro, NJ  
(Full Buffet Dinner/Dessert/Open Bar, Minyan, & Award Ceremony))

RSVP – Steve Katz ([skatz56@aol.com](mailto:skatz56@aol.com) or 732-329-0687)

\$54 per person; \$36 for MC Members - Checks payable to: CBT Men's Club (write MOY on check).

Mail or drop in the CBT Men's Club mail slot in the office

Please consider placing an ad in the Journal as a gesture of support (call Steve for details)





# CONGREGATION B'NAI TIKVAH MEN'S CLUB

**SERVING THE SYNAGOGUE AND THE COMMUNITY SINCE 1983**

## October Feature Events

### Interactive Eco-Tour/Geocaching

**Sunday, October 23<sup>th</sup> @ 12:45-3:30 pm.**

**Duke Farms: 1112 Dukes Pkway W, Hillsborough Township, NJ**

(Free Event / Bring your own picnic)

Back this year by popular demand. Join our very own tour guides, Craig Cohen and Mark Rones, as they take us on an interactive guided walk through Duke Farms. All ages welcome. Exciting activities for children, including geocaching (will need to download an app on your smartphone). Meet in front of the Orientation Center. Picnic at 12:45 p.m. Tour starts at 1:15 p.m. Check for updates on the Men's Club website or on Facebook.

### Softball BBQ Celebration

**Sunday, October 30<sup>th</sup> @ 12:00 p.m.**

**B'nai Tikvah Gymnasium**

Join the Men's Club and the Softball team in the gymnasium for a bbq B'nai Tikvah style. Featuring family activities/games in the gym, plus grill masters Marc Rosen and Andrew Goldberger will whip up the finest Kosher cuisine (ok—really just hot dogs). All are welcome. And we're looking for additional players for next season to fill the roster. For more information about this event or to R.S.V.P., contact Andrew Goldberger at [mkag@comcast.net](mailto:mkag@comcast.net). Check for updates on the Men's Club web site.

## Upcoming Feature Event

**Annual Federation of Jewish Men's Clubs (FJMC)**

**Man and Youth of the Year Dinner**

**Wednesday, November 9<sup>th</sup> @ 6:00 p.m.**

**Marlboro Jewish Center, 103 School Road West, Marlboro, NJ**

(Cost \$54 per person; \$36 for MC Members)

Features: Full Buffet Dinner/Dessert/Open Bar,

Minyan, & Award Ceremony. Must R.S.V.P to Steven Katz at [skatz56@aol.com](mailto:skatz56@aol.com) / 732.329.0687. Make checks payable to: CBT Men's Club (Write MOY on check). Mail to or drop into the CBT Men's Club mail slot. Please consider placing an ad in the FJMC Journal as a gesture of support. Call or email Steve for details.

Don't miss out on this Federation event and chance to congratulate Andrew Goldberger, Man of the Year and Evie Cukor and Mikayla Talmud, our co-Youths of the Year.

### Men's Club Calendar:

See the updated B'nai Tikvah Men's Club Website and Facebook for all events and more details. Download a Men's Club application and join today!

### NOVEMBER:

**November 6<sup>th</sup>:** Men's Club Meeting @ 10:00 a.m.

**November 9<sup>th</sup>:** FJMC Man and Youth of the Year Dinner

### DECEMBER:

**December 10<sup>th</sup>:** Latkes & Vodkas with Sisterhood.

**December 11<sup>th</sup>:** Men's Club Meeting @ 10 a.m.



## Daily Schedule of Services

Sunday	9:00 am & 7:30 pm
Monday	7:30 pm
Tuesday	7:30 pm
Wednesday	7:30 pm
Thursday	7:30 am & 7:30 pm
Friday	8:00 pm
Saturday	9:30 am

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**SUNDAY, OCTOBER 9 @ 10:50**







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*Led by Cantor Bruce and Stacey Rockman*



### Highlights include

- Talmudic Biblical Experience
- Food tour in the Jerusalem Market
- Meet with Lone Soldiers
- Rafting down the Jordan River
- Mediterranean Boat Cruise
- Archaeological Dig
- And much, much more!

*Pricing and itinerary to be announced shortly*

For more information contact Stacey Rockman at [staceyrockman@yahoo.com](mailto:staceyrockman@yahoo.com)  
732.735.0480



Sharon Rockman, [www.sababatravel.com](http://www.sababatravel.com)

[sharon@sababatravel.com](mailto:sharon@sababatravel.com)

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Marc Rubenstein, PT, DPT, OCS  
Doctor of Physical Therapy marcr@jerseypt.com



South Brunswick Office

www.JerseyPT.com

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Amanda Dillman, Advisor

## USY IN OCTOBER

**Saturday, Oct 15<sup>th</sup>**

**USY Regional Opening Dance, Morristown**

A bus will only be provided based on demand. As usual, we would share with East Brunswick & East Windsor. Check your emails from nsbrunswickusy@gmail.com for further details as they're made available by the region.

**Thursday, Oct 20<sup>th</sup>**

**USY Sushi in the Sukkah – 6:30-8pm**

This one has become a favorite over the years! Come hang with friends and enjoy some delicious sushi (there will be other snacks available for non-sushi eaters as well) in our very own sukkah (decorated by our awesome Kadimanicks!). We'll do a SA/TO project, too!

\*\*\*Save the date for another awesome local USY event on:

Tuesday, November 15<sup>th</sup>

Friday, November 18<sup>th</sup> –  
Regional USY Fall Kinnus

Sunday, November 20<sup>th</sup>

Details to come via email from  
nsbrunswickusy@gmail.com

**Please email NSBRUNSWICKUSY@gmail.com to join the email list and receive details for all upcoming events or to receive an application to join one of our awesome chapters!**

## KADIMA IN OCTOBER

**Sunday, Oct 16<sup>th</sup>**

**Sukkah Decorating 101 – 12:30-2pm**

Join us directly after Hebrew school for a fun afternoon of sukkah decorating, hanging with friends, our own personal Jewish “Heads Up” deck lunch & more!

*\*\*\*Save the date for another awesome local Kadima event on Sunday, November 20<sup>th</sup>!*

*Details to come via email from  
nsbrunswickusy@gmail.com!*

# THANK YOU

A special thank you to Joyce Fishelberg, Bill Greenberg, Jay Scheuer, and Rachel Ruchlin for making September birthday calls.

A special thank you to Jay Scheuer for his amazing prayer book repairs and to Phyllis Pinsky for doing beautiful calligraphy for B'nai Mitzvah and Baby Naming certificates.

Also, a special thank you to Michael Weiss, Paul Scharf, Arthur Biderman, Bill Greenberg and all of the other volunteers for stuffing and doing the mailing of the Hakol and Calendars.



# Membership Application 2016-2017

(Circle one) KADIMA or USY



## Member Information

Name: \_\_\_\_\_ Nickname: \_\_\_\_\_

Address: \_\_\_\_\_ Member's Cell #: \_\_\_\_\_

Member's Home Phone: \_\_\_\_\_ Member's E-mail Address (PRINT CLEARLY): \_\_\_\_\_

Birth date: \_\_\_/\_\_\_/\_\_\_

Grade: \_\_\_\_\_ (in September 2016)

School: \_\_\_\_\_

## Parent Information

Mother: \_\_\_\_\_ Father: \_\_\_\_\_

Mother's Hebrew Name: \_\_\_\_\_ Father's Hebrew Name: \_\_\_\_\_

Mother's Cell #: \_\_\_\_\_ Father's Cell #: \_\_\_\_\_

Mother's E-mail (PRINT CLEARLY) \_\_\_\_\_ Father's E-mail (PRINT CLEARLY) \_\_\_\_\_

Synagogue Affiliation: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Dues Information

**B'nai Tikvah Member – Kadima** (6<sup>th</sup> through 8<sup>th</sup> graders) - \$50

B'nai Tikvah Member – USY (9<sup>th</sup> through 12<sup>th</sup> graders) - \$50

**Non-Member** – Kadima or USY - \$75

## Donations

I'd like to make a donation towards BT's **Youth Scholarship** program. (This program is designed to enable active Kadima & USY members to attend Regional conventions and other programs by subsidizing families with financial needs.)

I'd like to make a donation towards **USY/Kadima Programming for the year.**

Total Amount Enclosed \$ \_\_\_\_\_

Please make check payable to "N/S Brunswick USY/Kadima" and mail with application to:

Congregation B'nai Tikvah – USY/Kadima Youth Groups  
1001 Finnegans Lane  
North Brunswick, NJ 08902

# B'NAI TIKVAH FUNDRAISER



DO YOU WANT TO GET FIT AND HELP RAISE MONEY FOR CONGREGATION B'NAI TIKVAH?????



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Please make checks out to CBT and send them right to the synagogue office.

Please RSVP your start date to Aimee Weber at [aimjweb@gmail.com](mailto:aimjweb@gmail.com) OR call/text 732-406-9969.



## SOCIAL ACTION

### IT'S ALREADY THAT TIME.... HELP A NEEDY FAMILY FOR THE HOLIDAYS

**Why we run this program?** The following is an excerpt of one of the thank you notes we received on behalf of a family we sponsored: "This family has never experienced such great generosity. They felt overjoyed and emotional upon receiving the gifts. The mother told me she was happy to see that her children finally have toys to play with so they are no longer bored at home. The teachers were commenting that they noticed the children's self esteem improve when they came to school proudly dressed in their new clothes. The children are now appropriately dressed for the weather and are even wearing socks which were noticeably missing prior to receiving the gifts. They sleep much more comfortably at night with their new blankets and their heater....."

**This is why we run this program...to make a difference in peoples' lives.**

**Who are these families?** These families are all in need. They are referred by various sources including Jewish Family Services and school social workers.

**How does this program work?** Each family will fill out a wish list of their needs. The wish lists typically include items like towels, sheets, blankets, clothing, shoes, coats and children's toys.

#### How can you help?

1. Become a **family coordinator** for one family's wish list. This might involve getting your family, friends, co-workers, and merchants to donate the needed items to fulfill the family's wish list.

2. **Volunteer to obtain one or more** of the items on a family's wish list.

**Donate money** that will be specifically used to purchase items on a family's wish list. Checks should be made payable to Congregation B'nai Tikvah Holiday Program.

**To participate** in this worthwhile program, send in the tear-off below, fill out the form at Bnaitikvah.org, or e-mail Janice Baer at Jbbd11@verizon.net or call Janice at 732-940-0268

PLEASE RESPOND BY NOVEMBER 18<sup>th</sup>

### HELP A NEEDY FAMILY FOR THE HOLIDAYS

**Name:** \_\_\_\_\_ **Telephone:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_

I want to be a family coordinator

I want to volunteer to obtain one or more items on a family's wish list

I want to donate money that will be specifically used to purchase items on a family's wish list. Checks made payable to Congregation B'nai Tikvah Holiday Program

Send completed form to Janice Baer, Congregation B'nai Tikvah by November 18<sup>th</sup>

Any questions, call Janice Baer 732-940-0268 or Jbbd11@verizon.net Forms are also on the synagogue website.

Hakol Rates	Artwork	Annual Contract	Single Issue
Full page	8" x 10.5"	\$675	\$100
½ page	3.75" x 10.5" or 8" x 5"	\$525	\$80
¼ page	3.75" x 5"	\$400	\$60
Business card	2" x 3.5"	\$300	\$45

We gratefully acknowledge and thank the following contributors for their generous gifts. Your special donations make up a part of our synagogue's total income. We rely on you.

**Hakol Donations**  
**August 12, 2016 – September 12, 2016**

**Rabbi's Discretionary Fund**

Marion Shulman in memory of her husband, Robert I. Shulman  
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Robert I. Shulman  
Shelly Talmud in memory of her mother, Sylvia Shapiro

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Ronnie & Jerry Levine in honor of the Bat Mitzvah of  
Bashe Rockman  
Janis and David Hoffnan in memory of David Hoffman's beloved  
father, Yale Hoffman

**General Fund**

Vicki & Burt Bauman in memory of Jacob Groman,  
father of Michelle Millinger

**Yahrzeit Donations**

Steven Mark in memory of Marvin Mark  
Rose & Jeff Berger in memory of her father, Julius Kestenman  
Caryl & Dave Distel in memory of Selma Rosenberg  
Beverly Heller in memory of my mom, Idelle Aronowitz  
Beverly Heller in memory of my husband, Harold Heller  
Caren & Barry Dworkin in memory of Bernice M. Dworkin  
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Linda Katz in memory of Evelyn & Ben Koskowetsky  
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Carol Marks in memory of Ted M. Marks  
Rena Lepinsky in memory of Marc Paskowsky  
Frances Sherman in memory of her mother, Reva Barkan

**Tree for Israel**

Ann DeStefano in memory of Setareh Nili

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Adrienne & Andy Ross in honor of the engagement of  
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Cheryl & Myron Asnis in honor of the marriage of  
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Hannah Ehrlich to Jeremy Friedman  
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Cheryl & Myron Asnis in memory of Jacob Groman  
Phyllis & Allen Pinsky in honor of the marriage of Hannah Ehrlich  
to Jeremy Friedman

**Hakol Donations**  
**August 12, 2016 – September 12, 2016**

Continued

**Allen Karp Memorial Fund**

Susan & Jon Kleinman in honor of the marriage of Josh Karp to Janet  
Menaker

**Shabbat Luncheon Fund**

Janis and David Hoffman in honor of the marriage of Hannah Ehrlich  
to Jeremy Friedman

**Arnold Miller Memorial Fund**

Arlene & Arthur Cederbaum in memory of Philip Dunayer

**Contributions:**

In honor of: \_\_\_\_\_

In memory of: \_\_\_\_\_

Occasion of: \_\_\_\_\_

**This donation is being made by:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

**Please send an acknowledgment to:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

**Amount of your donation:**

{ }\$18 { }\$36 { }\$54 { }\$72 { }\$118 { }Other

**Please Allocate Donations to:**

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|--|---|
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## B'NAI TIKVAH DIRECTORY

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Cantor	Bruce Rockman	732-422-0963	cantor@bnaitikvah.org
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	Ruth Anne Koenick	732-828-8141	rakoenick@gmail.com
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Co-Chairs	Sharon Cohen	732-658-3042	GoldbergSharon@icloud.com
Ritual Committee	Gordon Heit	732-297-6284	gordon0217@comcast.net
Security Committee	Michael Weiss	732-246-0306	mewiess@optonline.net
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Sisterhood President	Kim Riemann	732-940-4066	kimmer99@aol.com
Supermarket Gift Cards Manager	Barry Safeer	732-432-9622	safeer@comcast.net
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USY	Amanda Dillman	908-930-2526	nsbrunswickusy@gmail.com
Webmaster	Kim Riemann	732-940-4066	webmaster@bnaitivah.org
Youth Committee	Doug Smoller	732-254-2313	dsmoller@comcast.net



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Candle Lighting 7 6:14 pm 14 6:01 pm 21 5:50 pm 28 5:41 pm	Shabbat Ends 1 7:29 pm 8 7:20 pm 15 7:08 pm 22 6:56 pm 29 6:47 pm					1 28 Elul  Junior Congregation
2 29 Elul  Religious School Erev ROSH HASHANAH	3 1 Tishrei  Office and Schools Closed ROSH HASHANAH	4 2 Tishrei  Office and Schools Closed ROSH HASHANAH	5 3 Tishrei  Religious School FAST OF GEDALIAH	6 4 Tishrei  Executive Committee	7 5 Tishrei  Birthday Shabbat	8 6 Tishrei  Junior Congregation
9 7 Tishrei  Zumba Party Religious School RAISE THE ROOF	10 8 Tishrei  Board of Directors COLUMBUS DAY	11 9 Tishrei  ECC Early Dismissal EREV YOM KIPPUR	12 10 Tishrei  Office and School Closed YOM KIPPUR	13 11 Tishrei	14 12 Tishrei  Birthday Shabbat	15 13 Tishrei  Junior Congregation USY Dance
16 14 Tishrei  Religious School Pre-KADIMA and KADIMA events Sukkah Finishing EREV SUKKOT	17 15 Tishrei  Office and School Closed Sukkot Lunch SUKKOT	18 16 Tishrei  Office and School Closed Ritual Lunch SUKKOT	19 17 Tishrei  Religious School Sisterhood Zumba and Sukkah	20 18 Tishrei  USY Sushi in the Sukkah	21 19 Tishrei  Family Shabbat	22 20 Tishrei  Junior Congregation
23 21 Tishrei Religious School HOSHANA RABA Men's Club Duke Farm	24 22 Tishrei Ritual Lunch SH'MINI ATZERET	25 23 Tishrei  Office and School Closed Ritual Lunch SIMCHAT TORAH	26 24 Tishrei  Religious School	27 25 Tishrei	28 26 Tishrei	29 27 Tishrei  Junior Congregation  USY Convention
30 28 Tishrei Softball/BBQ Religious School	31 29 Tishrei SIP Study Group Ritual Meeting					



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