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TO FOSTER A VIBRANT EGALITARIAN JEWISH COMMUNITY FOUNDED IN THE RELIGIOUS CUSTOMS AND TRADITIONS OF CONSERVATIVE JUDAISM; OFFERING EXCELLENT JEWISH EDUCATION AND COMMUNITY ACTIVITIES FOR ALL AGES WITH COMMITMENT TO ISRAEL AND JEWISH COMMUNITIES THROUGHOUT THE WORLD

HAKOL

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CHECK OUT OUR WEBSITE, WWW.BNAITIKVAH.ORG FOR EVENT UPDATES THROUGHOUT THE SUMMER

CALL THE B'NAI TIKVAH OFFICE TO LEARN ABOUT SCHEDULING YOUR OWN PARTIES & EVENTS HERE

**SALUTE TO ISRAEL
PARADE
SUNDAY JUNE 4, NYC**

**FAMILY SHABBAT
JUNE 9**

**JUNE MOVIE
THE KING OF MASKS
SEE PAGE 8
FOR DETAILS**

**CONGREGATIONAL
MEETING
MONDAY, JUNE 19**

RABBI ELIGBERG SPEAKS

"If I Forget Thee Jerusalem..."

The Fast of the 17th of Tamuz, Thursday, July 13, 2006.

Services at 7:00 AM and 7:30 PM.

Tish'ah B'Av, Wednesday, August 2, 2006 at 8:00 PM & Thursday, August 3, at 7:00 AM and 7:30 PM.

The following is excerpted from *A Guide to Jewish Religious Practice* by Rabbi Isaac Klein. The 17th of Tamuz marks the beginning of the destruction of Jerusalem, for it is the day on which the Romans breached the walls encircling the city. During the siege preceding the first destruction of Jerusalem, the wall was breached on the 9th of Tamuz, but both events are commemorated on the same date. The rabbis mention a number of other calamities that were believed to have occurred on the 17th of Tamuz: the breaking of the Tablets by Moses; the cessation of the daily sacrifices during the Roman siege of Jerusalem; the burning of the Torah and the erection of an idol in the Temple by Apostomos during the period preceding the Maccabean revolt. The fast begins at sunrise and concludes at sunset of the same day. Fasting is the only restriction imposed; working and bathing as usual are permitted. The 17th of Tamuz is marked in the liturgy by additions to the regular daily service as well as some special variations. After the Amidah, both at Shaharit and at Minhah, "Avinu Malkenu" is recited. The Torah is read at both Shaharit and Minhah. Certain verses Exodus 32: 12, Exodus 34:6, and Exodus 34:9 are said aloud, first by the congregation, and then by the reader. These verses receive special attention because they are verses of comfort, their selection was prompted by the fact that they speak of G-d's mercy and readiness to forgive.

The Three Weeks. The days between the 17th of Tammuz and the 9th of Av are considered days of mourning, for they witnessed the collapse of besieged Jerusalem, beginning with the breaching of the walls on the seventeenth of Tammuz, and culminating with the burning of the Temple on the ninth of Av. Since exactly three weeks passed between these two events, the period is known as the "Three Weeks." Weddings and other joyous celebrations should not take place during this period. A further element of mourning is added during the "nine days" between the 1st and 9th of Av. During this period the pious refrain from eating meat and drinking wine, except on the Sabbath or at a Se'udat Mitsvah, such as a Brit Milah or upon completing a treatise of the Talmud. In addition they do not have their hair cut. The somber mood of the "Three Weeks" is accentuated by the special Haftarat chanted on Shabbat. The Sabbath preceding Tish'ah B'Av is called Shabbat Hazon, from the first word of its Haftarah. In some synagogues, during the "three weeks," it is customary to chant L'cha Dodee, with the exception of the last two verses, to the tune of Eli Tsiyon, the hymn which concludes the service on the night of Tish'ah B'Av.

Tish'ah Bav. The 9th of Av is the saddest day in the Jewish calendar. According to the Talmud, G-d marked the 9th of Av as a day of calamity because of an incident which took place on that day during the period of the sojourn in the wilderness. The spies sent to Canaan brought back a discouraging report, and the people, displaying ingratitude and a complete lack of faith in G-d's

promises to them, tearfully bemoaned their lot. As a result, G-d declared, "You wept without cause; I will therefore make this an eternal day of mourning for you." It was then decreed that on the 9th of Av the Temple would be destroyed and the children of Israel would go into exile.

The Mishnah enumerates the following; On the 9th of Av it was decreed against our ancestors that they should not enter the Land of Israel, the Temple was destroyed both the first and the second times, Bethar was captured, and Jerusalem was ploughed up. It is a tragic coincidence that since the time of the Mishnah, many other calamitous events in Jewish history have occurred on the 9th of Av. On Tish'ah B'Av in 1290, King Edward I signed the edict compelling his Jewish subjects to leave England. The expulsion from Spain occurred on the same day in 1492. Tish'ah B'Av also marked the outbreak of World War I, beginning a long period of suffering for the Jewish people. Not only did this period witness the pogroms and massacres perpetrated against the Jews of Russia, Poland, and other countries of Eastern Europe, but it was also the prelude to World War II and the savage destruction of six million Jews.

Though the fasts are a challenge, the events commemorated by Tish'ah B'Av cannot be undone, and it is necessary to remember them, to establish continuity with our past, and to help us appreciate the blessings of the present. Dr. Robert Gordis, in an extensive discussion of the question, concludes that Tish'ah B'Av can perform these basic functions for Jews living in the middle of the twentieth century, with the state of Israel before them as a reality. It can keep Jews mindful of the tasks which lie ahead in the areas of Jewish religious rebirth and of ethical living, both in the state of Israel and throughout the world. It can focus attention upon the universal aspects of the Messianic hope, which have long been integral to Judaism. Finally, it can help to remind Jews of the long record of sacrifices and sufferings of past generations, and thus prevent the cultural degeneracy which would follow from the ignoring of the achievements of Galut or Diaspora.

The fast of Tish'ah B'Av begins the night before, similar to Yom Kippur, and therefore the last meal before the fast must be eaten before sunset. This meal, called the seudah mafseket, because it marks the boundary between the periods of eating and fasting, was characterized by certain mourning customs. Given that this year Tish'ah B'Av begins at the conclusion of Shabbat our Seudah Shleesheet serves as the final meal before the fast. As at the meal served to mourners after a funeral, it was customary to eat special foods that were signs of mourning, such as eggs and lentils. Before the Ma'ariv service, the Parokhet curtain, is removed from the ark as a sign of mourning. In our congregation we drape the Aron Kodesh Ark with a black cloth. As another sign of mourning, the congregants remove their shoes if they are made of leather. Ma'ariv itself is recited in a subdued voice and a mournful tone. Worshippers sit on the ground or on stools for the reading of the Book of Lamentations. It is chanted in a special plaintive cantillation. The last verse of the book is recited aloud by the congregation, and then repeated by the reader. The chanting of Eicha is followed by Kinnot, sorrowful hymns that emphasize the

Continued on page 23

ADULT EDUCATION

ADULT EDUCATION COMMITTEE

Plans are underway for next year's line-up of Adult Education programs with the committee's new co-chairs, Mae Rubinstein and Jerry Shulman. Mae and Jerry are hoping to expand the committee this year (so please feel free to come aboard) and create programs that will be relevant and timely to its audience. An outing in the fall, discussion groups and local speakers are all part of the mix being planned. For more info on Adult Education for next year, and how to get involved, please e-mail:

Activities@BnaiTikvah.org

A BIG THANK YOU!

Thank you to the hard working Adult Education Committee this year; Mae Rubinstein, Jerry Shulman, Helene Tinkel, Ilene Karp, Bobby and Gary Bergman, Linda Kohn, Ed Rosen and Rabbi Eligberg. The B'nai Tikvah community appreciates all you have done to bring speakers and programs to our synagogue. Great Job!!!

VP Activities, Cindy Gittleman.

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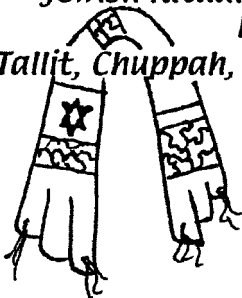
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ACTIVITIES AT A GLANCE

Every Tuesday

8-10 PM Open Court Men's Basketball

Every Wednesday

7 – 8:00 PM Adult Yoga Class

Every Thursday

10:00 AM Weight Watchers Meeting,
(weigh-in at 9:30 AM)

Thursday, June 1st

8:00 – 11:30 PM Tikkun Leil Shavuot

Friday, June 2nd

9:30 -1:00 PM Bikkurim &
Ice Cream Sundae Kiddush

8:00 – 9:30 PM – “Meet G-d Tonight”

special oneg and discussion following services

Saturday, June 3rd

9:30 – 1:00 PM Yizkor Service &
Ice Cream Sundae Kiddush

7:00 – 9:00 PM Special Micha Maariv

Seudah Shelisheet with study session

Sunday, June 4th

Salute to Israel Parade in NYC

Tuesday, June 6th

Rabbi Eligberg's Farewell Dinner

Friday, June 9th

8:00 PM Birthday Shabbat

Sunday, June 11th

10:00 AM Men's Club

Tuesday, June 13th

7:30 PM New Beginnings meeting

Guest speakers: non-married interfaith couple

Wednesday, June 14th

9:30 AM – 6:30 PM LifeLine Screenings,
pre-registration required

7:30 PM –Social Action meeting

all welcome, will discuss ideas for next year

Thursday, June 15th

7:30 PM USY meeting

Monday, June 19th

7:30 – 9:30 PM Congregational Meeting

Tuesday, June 20th

7:45 PM Open Activities Meeting

Fun loving members wanted to brainstorm
and work on one-time events for next year.

Friday, June 23rd

Board Installation

Tuesday, June 27th

1:00 PM 50+ General Meeting

OUR HAZZAN'S VOICE Cantor Bruce Rockman

Take Three Steps Forward

I'm sure you have noticed a number of people including the rabbi and making specific movements during prayer services. For example it is customary to take three steps backward, then three steps forward then place your feet together, when one begins the recitation of the Amidah. The sages teach that we do this because we are conscious that we are in the presence of G-d. "In G-d's presence", is a powerful statement. This is the essence of everything we do. The Amidah is the heart and most important part of our services. Among the subjects in the Amidah, we praise G-d, ask for inspiration and forgiveness, we seek health and healing and ask God to grant peace. The Amidah defines us as Jews and as members of humanity.

We symbolically enter a sacred space, physically, intellectually and emotionally when we take three steps forward to recite this awesome prayer. Everything that we do in life deserves the same consideration. One purpose of this prayer is to remind us that we have a purpose and responsibility for our world.

For more than a decade we have been led by Rabbi David Eligberg, who, as you know, is planning to continue his rabbinate elsewhere. Much of what Rabbi Eligberg leaves behind, his legacy, will be symbolic. Each day, he takes three steps forward and sets an example of how a Jew lives. Think about his passion for God, Israel, Shabbat, world peace, the earth, his family, our congregation and hockey. We appreciate his kindness and compassion during our times of need and the joy of celebrating our simchas together. Rabbi Eligberg is a man of substance, conviction and especially a lover of G-d and the Jewish people. These are the lessons learned from the Amidah as embodied in this special person.

We at the synagogue are about to meet many new challenges together. This month we will officially bid farewell to our Rabbi and his family. We have planned a number of events to include as many of you as possible. Our gala tribute dinner will take place on Thursday night, June 8th at 6:30PM. Although our tribute book is full, the celebration will not be complete without

you. Please contact the office, we will be glad to find a seat for you. Our Shabbat celebration will begin with a very special Family Shabbat Service and dinner, on Friday night June 9th. This event is for all families especially for those of you who have participated in family Shabbat with Bobbi and Marc Binder for all these years. The Shabbat morning Kiddush will honor the Eligbergs one more time, making sure that everyone gets an opportunity to wish Rabbi David, Jodi, Sarah, Yoni and Miriam farewell.

By taking three steps back as we conclude the Amidah, we return from the spiritual to the material world, and we hope that our prayers will be answered. The final words of the Amidah state "G-d who brings peace to his universe and will bring peace to us and all his people Israel". This is our deepest desire for our friends, the Eligberg family, as they journey into the future.

Worship the Lord in gladness; come before G-d with joyous song.

Cantor Bruce Rockman



SCHEDULE OF DAILY SERVICES

Sunday	9:00 AM Shahareet	7:30 PM	Mincha/Maariv
Monday		7:30 PM	Mincha/Maariv
Tuesday		7:30 PM	Mincha/Maariv
Wednesday		7:30 PM	Mincha/Maariv
Thursday	7:00 AM Shahareet	7:30 PM	Mincha/Maariv
Friday		8:00 PM	Kabbalat Shabbat
Saturday	9:30 AM Shabbat	*.** PM*	Mincha/Maariv

* As appropriate for the time of year

Babysitting available Shabbat morning 10:00 AM - 12:00 PM

HAKOL

The Newsletter of
Congregation B'nai Tikvah
JCC of North & South Brunswick
 1001 Finnegan's Lane
 North Brunswick, NJ 08902

Published monthly except for July and August. Submissions are welcomed about Congregation events, group activities, and other material relevant to the Jewish community.

**All Submissions for the
 September HAKOL
 must be in by
 August 1st**

**We recommend sending submissions
 and correspondence via e-mail to:**

Hakol@bnaitikvah.org

All e-mail submissions are acknowledged via e-mail. You may also put submissions in the HaKol mailbox in the synagogue office. All submissions are subject to available space and editorial constraints. Please call Rachel Rodriguez at 732-398-1983 or Phil Welsher at 908-874-0959 if you have any questions.

SUBMISSION FORMATS:

Text:

Editorial submissions should be in MS-Word, AppleWorks, plain text, rich text format or typed directly into the body of an e-mail. No special fonts or graphics embedded in the text file will be guaranteed. Graphics and photos should be submitted separately, rather than inside other files or documents

Graphics & Images:

Advertisements should be submitted in one of the following formats; Quark 5.0 or earlier, Indesign CS1, PDF, EPS or TIFF, BMP or JPEG files may also be used. All text should be converted to black and white. All images should be converted to grey scale. All images submitted for scanning must be photo or photo quality images.

ORDER FORMS & FLYERS:

Submit order forms and inserts to be sent with the HaKol mailing to the editors by the 15th of the preceding month

ADVERTISING INFO
Tammy Zimmerman:
732-398-1420

PRESIDENT'S MESSAGE Dan Greenberg

It is never easy saying goodbye. Especially to someone who has been an integral part of our lives for over a decade. Rabbi David Eligberg has served as our spiritual leader and mentor for 11 years, and has done so very effectively. Of course, it's even harder for me to say goodbye - I've know him a lot longer.

As most members of the B'nai Tikvah community are aware, I first met Rabbi Eligberg when we grew up together in Montreal. He was a year ahead of me in school, and so was my sister; they were good friends so he was a familiar sight at our house. Two answers to often asked questions: Yes - he was a Canadiens fanatic in those days too - you can't grow up watching a team win 5 Stanley Cups in a row and be anything else! And no - he did not sport a beard when he was a kid!

We lost touch after high school, but reconnected some 18 years ago when Caryl and I got married. We needed someone to perform the ceremony; we weren't members of any synagogue then, and I reached out to him since he was working and living reasonably close. Of course, he said yes, drove up to Queens from Pennsylvania, and officiated at our wedding.

Later, when B'nai Tikvah was conducting a rabbinical search, he applied for the job and was selected by our congregation. Of course, not only did he find a synagogue, but a wife as well; together they have raised a beautiful and loving family in our midst. All-in-all, it's been a pretty good deal all around!

As we look ahead to the future, we do so with excitement, anticipation, and no small amount of sadness. We wish Rabbi Eligberg, Jody, Sarah, Yoni, and Miriam all the best in the future, and at the same time, we know that we will miss them.

Danny Greenberg

GIANTS SEASON TICKETS

**We are again holding a raffle for
 Two (2) season tickets to the New York Giants.**

They are great seats.

Only \$ 50.00 per ticket.

Only 300 tickets are being offered for sale.

The drawing is to be held on August 6th.

For information contact: Irwin Millinger 732-297-6477

The Jewish Federation of Greater Middlesex County

cordially invites you to the

TWENTY-FIRST ANNUAL MEETING

MONDAY, JUNE 12, 2006 at 7:30 PM

Congregation B'nai Tikvah

1001 Finnigans Lane

North Brunswick, New Jersey

Philip S. Cantor, President

Election & Installation of Officers and Board of Directors by L Richard Wolff

Award Presentations

Samuel I. Hoddeson Humanitarian Award: Harold Levy

Ruth Jacobson Woman of the Year Award: Brenda Tanzman

Recognition will be given to the following:

- Marci Lerner Zeidweg and Barry Wasserman as Outgoing Officers
- Rhoda Juskow as Outgoing Chair of the Greenbriar at Whittingham Division
- Jewish Congregation of Clearbrook for 30 years of Federation participation
- Members of the ATID Leadership Development Program: Frank Cumsky, Marc Herman, Matthew Klein, Rich & Marci Klein, David Levine, Jay & Roxanne Lopatin, Jordan & Jill Matthews, Mark & Brenda Sherman

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Live Generously.

A MEMBERSHIP MINUTE

Ruth Anne Koenig, VP Membership

Mazel Tov to:

Marty Abschutz on becoming President of the South Brunswick Board of Education

Eileen Robison on the adoption and naming of her granddaughter, Cecilia Sarah

Kim and Chris Riemann on the bat mitzvah of their daughter Rebekah

Jordan and Diane

Matt Katz on becoming and eagle Scout and being recognized at a court of honor

Irene and Daniel Goldman on the bar mitzvah of their sons, Ben and Gill

Ben and Jennifer Shapiro on the bat mitzvah of their daughter Rebecca

Condolences to:

Rob Blackin on the death of his grandmother

Marc Binder on the death of his great aunt

Martin Zweig on the death of his mother Miriam

Gary Halpern on the death of his father

Arnie Gottfried on the death of this step-mother

Thank you to:

Marci Abschutz, Joel Gerbman, Marc Roller, and Shelley Wistreich for their participation on the membership committee this year.

A big Mazel Tov to our former Cantor Jodi Sered-Lever and her husband Rabbi Aaron Lever. Their daughter Shayna Renee Sered Lever was born on January 28, 2006. Everyone is doing fine. They send their best wishes to everyone in New Jersey.

JUNE FAREWELL FAMILY SHABBAT DINNER

Followed by:

Family Shabbat Services
Friday, June 9th at 6:00 pm

CONGREGATION EVENTS



Joshua Kamen
June 10
Tod & Theresa Kamen



Aaron Lassin
June 17
Marc & Arlene Lassin



Alexandra, Jeffrey & Jennifer Mevorah
June 24
David & Cindy Mevorah



Sarah Feldman
August 26
Bruce & Victoria Feldman

CONGREGATION EVENTS AND INFO

From The Webmaster

Keep In Touch.

If you're not a subscriber to AOL, Yahoo, Google, or other web based mail, you can still access all your e-mail while you're away over the summer. There are many free websites such as www.mail2web.com where you can read and reply as though you were logged in from home. Just make sure you know your password and server name before you leave on vacation. And if you're not already subscribed to the CBTNewsletter, now would be a good time.

Visit www.bnaitikvah.org

Lost the form? If you misplaced any of the forms that were mailed with this, or any, issue of the Hakol, you can still find a copy at the bottom of our home page at:

www.bnaitikvah.org. (Click: Order Forms)

Gary Bergman

Webmaster@BnaiTikvah.org

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JUNE MOVIE

NIGHT:

June 15th - Thursday 7:45 PM
immediately following minyan.

The King of Masks

Chinese - with English Sub-titles.

The streets of 1930's Sichuan set the stage for an award winning tale of hope and transformation in the face of poverty and loneliness. As a rare master of an ancient art, the skills of The King of Masks are sought out by even the most beloved star of the esteemed Chinese Opera. But tradition dictates that the aging master's trade only be passed on to a male heir. Desperate for his art to survive, The King of Masks finds an apprentice in a destitute child purchased on the black market. When the child reveals an unexpected secret, their relationship is suddenly tested by both the old man's stubborn sense of tradition and the established customs of China.

R.S.V.P. to:
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or
Call Elliott at 732-297-6175

Dave Liebmann



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CONGREGATION EVENTS AND INFO

CALENDAR FUNDRAISER

Next year's calendar will be going to print in August, long before you receive the next Hakol. Please take the time now to send in your Birthdates, Anniversaries, Yartzeits, and any other dates you wish to appear in the 5767 Calendar/Handbook. Business card-size ads and well-wishers are only \$36. As always, ads are placed for requested months on a first-come basis. A mail-in form is enclosed in this Hakol, however, the on-line mail form at www.bnaitikvah.org is preferred.

Warning:

Dates on calendar are closer than they appear.

BUDDY-UP THIS SUMMER

If you don't have an e-mail address on file with the synagogue office, please keep in touch with a congregant who receives the CBT Newsletter. We don't want you to be left out of the things we can't foresee at the time of this publication. If you don't have someone who can keep you up-to-date, call the synagogue office and we'll help you find an e-buddy.

Cub Scout Pack 18 Forming for September 2006

We need Cubs and Adult Leaders!

E-mail Steve Katz at
steve.katz@bnaitikvah.org

Learn more at <http://www.joincubscouting.org/>

BOWLING WE DO IT ONCE A MONTH

The B'nai Tikvah Bowling League has been in existence for over 20 years and started out with 40 teams. Due to the shift of the sport towards parties and cosmic bowling, regular league play has been dwindling in recent years. This year we started with only 8 teams and, due to unforeseen events, 2 had to drop out mid-season. We will need at least 10 teams next year in order to have both our traditional end-of-year dinner and synagogue donation to the Men's Club. Every year, the players and teams change but, one thing remains constant: Everyone has fun! The league meets once a month on Saturday night, at a cost of \$35 per couple. Inquiries to Bowling@BnaiTikvah.org

or call Gary & Bobby Bergman at 732-246-7285.

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RELIGIOUS SCHOOL REPORTS Ann Kanarek, Director

SUMMER FUN

Enjoy the summer with some Jewish Experiences Together. **JET** into summer with some special activities that you can do together as a family, especially if you have children 4-8 years old. As you are taking a break from formal Jewish learning, take the opportunity to do Jewish activities. For now, I can provide a list of simple Jewish activities to do each day for a week. For more activities, call me at the School Office, 732-297-0295.

SATURDAY: Go on a nature hike. Think about God's creation. What are you especially appreciative of? Later in the day, go outside with your family just after the sun sets. Look for 3 stars in the sky. When you find 3 stars, Shabbat is officially over. Wish everyone in your family Shavuah Tov (A GOOD WEEK).

SUNDAY: While you are on a car trip, play the A-Z Jewish word game. **A** is for **apple** that we eat on Rosh Hashanah. **B** is for **Bat Mitzvah**. **C** is for **Chanukah**, and so on. Everyone should take a turn. If you can't think of a Jewish word, symbol, holiday, Bible hero, place in Israel, etc., you are out.

MONDAY: Search your house for Jewish objects. Make a list or draw a picture of everything you find. At bedtime, read a Bible story.

TUESDAY: Visit the public or synagogue library and check out a book about a Jewish holiday or Jewish hero. In the evening, go to a video store and rent a Hanna-Barbera Bible story video.

WEDNESDAY: Look at your books from religious school. Share with someone in your family 3 things you learned in religious school last year. Before going to bed, say the Shema: *Shema Yis-rael, Adonai Eloheinu, Adonai Echad*.

THURSDAY: Pick a Jewish hero or heroine (biblical or modern) and play 20 questions with your family. Can they guess who you are thinking of? Also, find some time during the day to teach your family a song you learned in religious school.

FRIDAY: In the afternoon, call three friends or your family and wish them Shabbat Shalom. Make and decorate a tzedakah box. In honor of Shabbat, ask your family to give tzedakah money and bring your box in the first day of religious school (Sunday, September 10). Get ready for Shabbat. Don't forget to clean your room and help set the table for Shabbat dinner.

SATURDAY: See how many acts of gemilut chasadim (good and kind deeds) you can do today.

Also, at some point, come by and visit me and tell me how you are doing and share some of your summer experiences with me. I would love the company!!

Enjoy your summer days!

**BEST WISHES TO ALL FOR A FUN
AND RELAXING SUMMER!**

B'nai Tikvah's Tzedakah Program

Teaching our students about the *mitzvah* of giving is very exciting. This Jewish value of *tzedakah* involves the whole child, heart, mind and body, and it's a wonderful concept to teach our children. At a young age, they have a need to believe that the world is fair and just and giving tzedakah fits into their view of the world. Our children have learned that even a small amount of money can make a difference in the quality of someone's life. As small links join to form a strong chain, so little donations combine to form a large total of good.

Our Religious School children, along with their teachers, made *tzedakah* part of their program. I am pleased to announce that all classes made giving on a weekly basis a priority. At the end of the year, they seriously thought about the organizations that would benefit from their donations. We are happy to have the great privilege, **z'chut** to give our tzedakah to the following organizations:

Mazon: A Jewish Response to Hunger, Jewish Braille Institute, Central New Jersey Home for the Jewish Aged, American Red Cross, Make-A-Wish Foundation, CHAI: Concern and Help for Animals in Israel, ZIV Tzedakah Fund, Myriam's Dream, Elijah's Promise, Multiple Sclerosis Foundation, Woman Aware, American Cancer Society, American Heart Association, Jewish War Veterans, Jewish Federation of Greater Middlesex County, Operation Promise, Rainforest Foundation, Hadassah, Jewish National Fund, St. Jude's Children's Hospital, Keren Or and the Israeli Emergency Fund.

The term *tzedakah* embraces not only the material help provided through financial assistance, it also includes all acts of kindness. In the broadest sense, it expresses the Jewish ethic of righteousness. In an effort to continue to share and help in a meaningful way over the summer, consider a few suggestions:

Collect cans of food for our food drive.
Buy, repair, or send toys to children in hospitals.
Visit the Central New Jersey Home for the Jewish Aged.
Volunteer in the Synagogue Office of School Office.

TODAH RABAH

We thank all our families who generously donated to the Religious School Education Fund. Thank you to everyone who acknowledged our *hei* students and *chai* school graduates. Also, the faculty and I wish to extend our gratitude for your contributions in our honor, kind thoughts and good wishes.

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RELIGIOUS SCHOOL continued

AN UPDATE ON RELIGIOUS SCHOOL REGISTRATION

Even though religious school is not in session, work at the synagogue goes on as we at the religious school are busy planning next year's programs, revising curriculum and staffing, etc. We are also finalizing our class lists!! You have already received your registration forms. If you have not yet registered, please fill out the forms and return them as soon as possible. A complete Religious School packet containing class assignments, the Religious School Calendar/Handbook and other information will be sent to **REGISTERED STUDENTS ONLY** later in the summer.

The schedule of classes (please note that some changes have been made) for the 2006-2007 academic year will be as follows:

KINDERGARTEN and FIRST GRADE will be combined and meet on **SUNDAYS** during the **LATE SESSION** (10:40am-12:05pm)

SECOND GRADE (Tuesday and Wednesday sessions will be combined) and meet on **SUNDAYS** during the **EARLY SESSION** (9:00am-10:25am)

ALEF (3rd grade) and **BET** (4th grade) will meet *either*:

Sunday, Early session (9:00AM-10:25AM) and Monday/Wednesday, 4:00PM-6:00PM

Or

Sunday, Late Session (10:40AM-12:05PM) and Tuesday/Thursday, 4:00PM-6:00PM.

GIMEL (5th grade), **DALET** (6th grade) and **HEI** (7th grade) will meet *either*:

Sunday, 9:00AM-12:05PM and Tuesday, 4:00PM-6:00PM.

Or

Sunday, 9:00AM-12:05PM and Wednesday, 4:00PM-6:00PM.

CHAI SCHOOL (grades 8-12) will meet Sundays, 10:40AM-12:05PM.

B'NAI TIKVAH COMMUNITY

CONGREGATION B'NAI TIKVAH'S SUMMER
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Dolly has a very good Question!

Donors 17 and up must be in good general health, and weigh at least 110-lbs. Please eat before donating. And have an ID with your signature.

FDA regulations require a social security number on your donor application. Your help is vital! Lend a hand, be a donor! And bring a friend, or two!

For more information about Two-Unit **ALYX** donations, visit The Blood Center of N.J. at www.bloodnj.org.

Questions?
Call Nancy Engel @ 732 297-8188

Handmade for the Homeless

I would like to invite you to participate in my Bat Mitzvah project, which I am calling "Handmade for the Homeless." I will be knitting scarves for homeless shelters for the 2006/2007 winter season.

The homeless shelters could use other items, as well. If you are interested in knitting, crocheting, sewing, etc. sweaters, hats, gloves, blankets or other items that would be useful for the winter, please contact me, Alissa Platz, at;

Alissa.Platz@bnaitikvah.org or at 732-821-6828.

They can use items for men, women, and children.

Alissa Platz

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NURSERY SCHOOL NEWS PHYLLIS DENENBERG, DIRECTOR

PLAYGROUND IS OPENED

I cannot believe the school year is almost over! These months really flew by. I would like to thank everyone from Bnai Tikvah and teachers and parents from our Nursery for making my first year a wonderful one..

Take a look at these pictures from our successful Open House!

We're having a PAC breakfast to thank all those parent volunteers who have helped make this year such a success. A special thanks to Jill Glassman and Marla Radice, the PAC chairs.

The classes prepared for Shavuot by making dairy delights—mini cheese blintzes. Children went into the main sanctuary to see up close what a real Torah looks like. They discussed the need for rules such as The Ten Commandments (amended for them of course). They also danced with the Torah commemorating G-D giving the Torah to Moses on Mount Sinai.

The last day of school for the 3's and Mommy & Me is Monday June 19th. Last day of school for the Toddler Fun Club, 2's and pre-k is Tuesday June 20th.



Classes are filling up for September. Register now!

Camp registration is still open and we are growing!

On behalf of my terrific staff and myself, we wish you a Happy, Healthy and Safe Summer!

Phyllis



The pre-k graduation will take place on Wednesday, 10:00 am in the Sanctuary. Reception to follow in the social hall. Our very first pre-k yearbook will be coming out soon! Kudos to Steven Hudes (father of graduate Sarah) for all the many hours he put into the yearbook. Thank you also to Brenda Osofsky (mother of graduate Nicole), Charlene Nass (mother of graduate Adam) and the pr-K teachers, (Mrs. Horn, Mrs. Lesko and Mrs. Lewkowitz) for their contributions.



B'NAI TIKVAH YOUTH

KADIMA

HEY KADIMANIKS!!

This year is slowly coming to a close, but fun will continue until the very end!!!

The closing event will be June 11th , KADIMA's regional annual trip to Six Flags Great Adventure!!!

Interested in attending KADIMA,'s ENCAMPMENT at the end of summer?? A week packed with fun, sports, crafts, and social action!! Contact me for an application.

Make sure to sign up to join in on the KADIMA excitement for next year! Check out the website for a membership application, www.bnaitikvah.org/youth.html.

Plus check out pictures from through out the year!

Rachel :o)
Kadima Advisor
kadima@bnaitikvah.org

U.S.Y.

Wow, can you believe the year is almost over? Let's finish the year off with a bang. Our June events are going to be great. We have Great Adventure Day on Sunday, June 11th. The cost is \$30 per USYers. Bring a bag dairy lunch and extra money. The bus will leave from Bnai Tikvah at 9:45am and return around 5pm.

Please RSVP to Audra, by May 30th either by e-mail, USY@bnaitikvah.org or phone, 732-979-3113.

Don't miss June 15th, closing event as we elect next year's new board. Come for Chinese food, fun, elections, etc. Please RSVP to Audra so she can get a food count. It's going to be a great time!

It's been a great year and we can't wait for next year.

Register for next year before July 1st and get a \$5 discounted registration fee. Forms can be found in this Hakol issue and on the USY bulletin board.

Encampment applications are located on the bulletin board, or at www.hagalilusy.com

Have a great summer! See you in the fall!

Audra Lifson
USY advisor

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Kadima / USY Encampment 2006

Monday, August 21-28, 2006 -- \$335

There's still time to sign-up.

For more information call 732-738-7960.

Information & applications may be found at:

<http://www.hagalilusy.com/home.html>

<http://www.hagalilusy.com/kadima/kadima.html>

Dorothy Cohen & Mike Brown
(Co-chairpeople Youth Committee)



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B'NAI TIKVAH COMMUNITY

MEN'S CLUB

The Men's Club would like to thank the following families who have made a donation to the Yom Hashoah Program this year:

H. Abramson	B. Adler	P. Alroy
B. Baymann	A. Biderman	B. Binder
M. Binder	R. Blackin	A. Brackup
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D. Eichen	M. Engel	B. Fruhling
A. Garten	M. Gaynor	D. Goldman
B. Greenberg	D. Greenberg	M. Greenfield
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L. Kofman	M. Koss	S. Krane
M. Kutliroff	F. Landsman	M. Leinwohl
B. Lepinsky	J. Levine	S. Lewkowitz
C. Marks	J. Mendes	I. Millinger
D. Nagelberg	J. Natkow	J. Peiscki
J. Plotnick	C. Reimann	H. Rosenzweig
A. Rosloff	A. Ross	M. Rotter
M. Rubinstein	R. Rysick	R. Shaneson
A. Shapiro	M. Sherman	S. Sklar
C. Smith	D. Spigner	M. Stark
S. Talmud	S. Valan	P. Weinstein

Yom Hashoah Service

This year's Yom Hashoah service ended with the closing prayers at our Holocaust Garden in the new wing.



Thank you for your donations.

*Ed Birch & Steve Katz
Co-Presidents The National Executive*

Board of the Federation of Jewish Men's Clubs held their annual meeting April 28-30, 2006 in Princeton, New Jersey.

Among the festivities were Shabbot visits to area congregations and visitations to reach out to nearby Men's Clubs to assist with future programming and to tour member temples.

Mark Berlin, Vice President of Clubs (from Maryland) visited with us on Saturday morning. He spoke to the congregation about the importance of a Men's Club and was honored with an Aliyah from Rabbi Eligberg. Other members of the delegation were Stan Schnitzer (Georgia), Myles Simpson (California), Ira Bartfield (Wash, DC), and Bruce Sicherman (Rockland County, NY) received honors during the service.



On Sunday morning, some Men's Club officers met with another delegation of National Officers. Andy Ross, Treasurer of B'nai Tikvah's Men's Club is pictured with (left to right) Stu Kaplan (President of Northern NJ Region), Stan Schnitzer, Allan Gottesman (Tamarac, Fla.) and Mike Mills (Cincinnati, Oh.)

Our Sunday guests took home a copy of HaKol to enjoy on the flight home.

B'NAI TIKVAH COMMUNITY

SISTERHOOD

The Sisterhood Study Sessions for Rosh Chodesh have been extended!

**Our next class will be on
Monday, June 26th at 7:30PM.**

Those of you who have attended any of the earlier sessions know how interesting and enjoyable they have been. Those of you who have not yet attended a study session have another opportunity! All are invited and guests are welcome too!

Thanks, Susan Turner

Family Shabbat Sponsors for 2006

Our family Shabbat dinners, held once each month, followed by services, has grown tremendously this past year. We couldn't be happier. For many of these families, it's one night during the week that they can hang out with friends, eat a meal, very inexpensively, and not have to watch their children 100% of the time. But what we think is even more important, we welcome Shabbat in the most traditional ways. We bless our children, wash our hands while reciting the blessing, say kiddush and *motzi*. We recite *Birkot Hamazon* when we are done eating. Not everyone knows it from start to finish, but we are well on our way! We hope that we have shown these families that even though we are eating baked ziti for dinner, we are experiencing Shabbat in a wonderful way.

If you have children or grandchildren, nieces or nephews, please join us on the third Friday night of each month. We will be taking a break after our special June dinner and will return in September.

The following people have sponsored the kiddush (peanut free) in 2006:

Beth and Matt Schurman, Serina and Rob Blackin, Mark Leinwohl, Rabbi and Jodi Eligberg and Michael Greenfield. Your support is greatly appreciated.

Bobbi and Marc Binder



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B'NAI TIKVAH COMMUNITY

SOCIAL ACTION

ASSAULT ON THE CASTLE

On Sunday April 30, a group of 8 children from Bnai Tikvah went over to play Bingo with the Seniors at Castle Senior Living at Forsgate in Monroe.

The Seniors warmly greeted our bingo helpers who were: Kyle Ferry, Jesse and Justin Handsman, Adam and Rachel Seidman, Sydney Sookerman, Hannah and Gabe Waksman. We called numbers,



helped to place chips on the bingo cards, checked bingos and delivered prizes. The Seniors were happy to share their Bingo time with us. We concluded with a snack and felt very proud of ourselves for our Mitzvah we did.

Thank you to all the children and parents who participated in this project. Special thank you to Michael Handsman for all of his help in coordinating this project. Please join us in the fall when we start our senior visits again.

Please email Andrea.Katz@bnaitikvah.org to join our group. Have a good and safe summer.

Ongoing Social Action Activities -

Food of the Month:

Canned goods. The summer months tend to be slow for food pantries, and they are often in desperate need of donations. Please give generously.

Mitzvah Crib:

The Mitzvah crib has had used items, items for older children, and simply inappropriate items in it in recent months. It is for new infant items only, such as diapers, wipes, bottles, toys and clothing. Please consider those less fortunate on your next supermarket trip and pick up a baby item on sale. These items will be distributed to needy families in the area.

If you want to receive e mails about upcoming mitzvah making opportunities for adults and children, please write to social.action@bnaitikvah.org.

We welcome suggestions! Please send your suggestions to the above e-mail address.

Laura Waksman
Social Action Chair



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PARTY PLANNERS WANTED

EVENT GURUS NEEDED

Looking for some fun loving members to help work on ONE TIME events.

Some ideas are: Comedy Night, Basketball Challenge/Volleyball Challenge, Father/Daughter Dance, Mother/Son Bowling Event, Vendor's Market, Indoor Yard Sale

All are welcome to attend an Open Activities Meeting and find out where the fun is!

Date: Tuesday, June 20th

Place: Kiddush Room

Time: 7:45pm

Need more info? Contact Activities@BnaiTikvah.org

B'NAI TIKVAH COMMUNITY

50plus

Next Meeting; June 27th, 1 PM

The Fifty Plus Group will meet on Tuesday, June 27th at 1 p.m. in the Social Hall of the Synagogue to enjoy a luncheon prepared by Classical Caterers and we are subsidizing it at a cost of \$7.00 to paid-up members of the Fifty Plus group and \$10.00 for non-members.

We are having a theater party to the Off-Broadstreet theater in Hopewell, N.J. on Sunday, June 25th at 1:30 p.m. The show is a comedy "Out of Order" and includes a dessert buffet at a cost of \$20.80. Checks for the theater party and/or luncheon must be made by June 12th by calling Blanche at 732-297-0272 or Annette at 732-297-3562.

Annual dues of \$15.00 will be due July 1st, so bring your checkbook.

As usual, we will be meeting through the summer with meetings scheduled for Tuesday, July 25th and Tuesday, August 22nd at 1 p.m. at the Synagogue.

All are welcome to join us for our programs, and cool off with refreshments.

We're Still Here

While the Hakol takes a summer vacation, B'nai Tikvah is still here working and planning for next year. Events, activities, and other schedules change faster than we can get them into print. Bookmark our home page

(www.bnaitikvah.org)

and check back often.

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DAVID MASON, Ed.M.

Supermarket Scrip Committee

**SUMMERTIME
AND THE LIVIN' IS EASY!**

Want to know easy? Put into two words: **SUPERMARKET SCRIP**. That's how easy. Just because the synagogue's activities wind down for summer break does not mean the scrip committee goes on summer vacation. We are and will be available to meet your scrip needs right through the dog days of summer.

Before you shop, remember: although there is no religious school, you can still order/purchase scrip by: calling/visiting the synagogue office during office hours, contacting the scrip committee via e-mail:

scrip@bnaitikvah.org or by using the website: **www.bnaitikvah.org** (an order form is included on the site).

When you draw up your shopping list for A&P, Acme, Pathmark, Shop Rite, Stop & Shop and Wild Oats, order plenty of scrip to take with you. This month's (actually, months') tips:

1. Going on vacation this summer? Add the following to your supermarket shopping lists: suntan lotion, reading material (i.e., books and magazines for all ages), beach toys, sunglasses, coolers, film, batteries, beach chairs. Each of these items are available at your favorite supermarket.

2. Having or going to a backyard barbecue? Many non-food items are on sale in supermarkets; such as, charcoal, grills, patio sets, paper goods, plastic cutlery, bug repellent.

Enjoy your summer. It's time to be outdoors, celebrating USA's birthday, swimming, being with family and friends, enjoying longer daylight hours. Don't fret, though. The scrip committee will be here for you.

So, until September, like Tigger often says:

TTFN!** ta ta for now



B'NAI TIKVAH COMMUNITY

Matthew Katz Eagle Scout



On April 23rd, Matthew Katz's Eagle Court of Honor was held in the multipurpose room. The rank of Eagle represents the pinnacle of scouting, and is attained by less than 4% of scouts. Achieving Eagle is the product of years of scouting experience, ranging from learning basic scout skills to demonstrating leadership ability both within one's troop and in the form of an Eagle Scout Service Project.

There were many people that assisted in the completion of my Eagle Scout Service Project, the Holocaust Remembrance Garden, located adjacent to the library. I would like to thank the Board of Directors for giving me their permission to proceed with the construction of the garden. I would like to thank the Rabbi and Cantor for providing guidance and suggestions regarding the project. I would also like to thank the members of the congregation that assisted with the garden's construction, as their help was invaluable. Thank you to the office and maintenance staffs for helping to arrange the room for the Court of Honor, as well as the Congregation for the use of the multipurpose room.

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also like to thank the members of the congregation that assisted with the garden's construction, as their help was invaluable. Thank you to the office and maintenance staffs for helping to arrange the room for the Court of Honor, as well as the Congregation for the use of the multipurpose room.

Matthew Katz

Junior Congregation Awards You've Got to be in It to Win It

Junior Congregation Family Services We have finished our 2005-06 year and are excited about all of our students who made the various award levels throughout the school year. I am especially happy to list the following children for these attendance awards:

Sefer Award (23+ services)

Ari Gottesman	Amanda Scharf
Rachel Seidman	Sammi Reimann
Lauren Jackenthal	Evan Gottesman
Hannah Sherman	Lauren Wistreich
Seth Berger	Jonathan Jacobs
Daniel Levin	Arielle Sherman
Brian Wistreich	Ben Goldman
Gil Goldman	Alex Mevorah
Rebekah Riemann	Jason Seidman
Daniel Shapiro	Rebecca Shapiro
Sarah Eligberg	Yonatan Eligberg
Rachel Greenberg	Hayley Nagelberg
Jesse Nagelberg	Sarah Safeer
Arielle Weg	

Kavanah Award (30+ services)

Ari Gottesman	Amanda Scharf
Sammi Reimann	Lauren Jackenthal
Evan Gottesman	Hannah Sherman
Lauren Wistreich	Daniel Levin
Brian Wistreich	Rebekah Riemann
Jason Seidman	Sarah Eligberg
Yonatan Eligberg	Rachel Greenberg
Sarah Safeer	Arielle Weg

These children will be recognized for their achievements in a special ceremony in the fall where they will receive their Sefer Award (\$5 gift certificate for the Religious School Book Fair) and the Kavanah Award (\$10 gift certificate for Barnes & Noble).

45 children made our last incentive level, the Bowling Party, the year. We had a great time bowling together. The entire Bowling Party was sponsored by David & Cindy Mevorah.

**Have a great summer and
I'll see you in the fall!**

Barry Safeer

B'NAI TIKVAH COMMUNITY

It's Family Re-Union Time Plan a Party Today!

Spring and summer are often the months when families enjoy getting together. Here at B'nai Tikvah, we have the ideal location for those family get-togethers otherwise known as re-unions. If you regularly participate or coordinate family re-unions or have always wanted to organize one but didn't know how or where, well look no further than our Multi-purpose room. Since the gym can be divided in half, the variety of possibilities for the re-union is unlimited. The stage side makes an ideal venue for family skits, speeches, music and announcements. Tables can be set up, kosher food brought in, and all around great schmoozing can take place. For the more adventurous and the more active family members, use the other half of the gym for basketball games, tug-of-war, and getting to know you events. For additional games, activities, organizing tips and more, visit the following website: <http://family-reunion.com>. To reserve the space for your next re-union, contact: Lisa Mason, Programming Director at 732-297-0696 ext. 12 or programming@bnaitikvah.org. Don't let time pass you by.

Our JCC is OPEN all Summer!

With the summer upon us, and more folks heading outdoors, we are left with a building crying for attention. We have a few basketball contracts, BT Men's Open Basketball on Tuesdays from 8-10PM, yoga class on Wednesdays from 7-8 PM and hopefully a Weight-Watchers program for the evening.

Sports enthusiasts are invited to attend a Sports Card Collectible Show on Sunday, May 28th from 12- 4:00 PM. On June 14th, Life-Line Screening will be here during the day. If anyone is interested in making an appointment to have three valuable life-saving tests done, call: 1-800-636-0418 (flyer enclosed in this edition of Hakol).

If anyone knows of groups, companies, or people looking for space, please let them know we are here and open for business. We have the multi-purpose room, 7 classrooms and a kitchen. Flyers about our facility are available to give out.

Please contact

Lisa Mason,
Programming at: 732-297-0697 ext 12
or programming@bnaitikvah.org.

MERCAZ PROMOTES JOURNEYS TO ISRAEL

A recent study on young Jews found that the Holocaust is more important than Israel in positively affecting Jewish identity. However, the study reports, among those who have traveled to Israel, Israel retains a powerful positive resonance.

While we must never forget the Holocaust and the lives of the six million of our people who were murdered at that time, we must also be on guard to insure that Judaism remains the religion of life par excellence. And there is no better way to building a positive life-affirming Jewish identity than by connecting our young people here in America with the living Jewish State of Israel. For this reason, one of the key goals of MERCAZ USA, the Zionist arm of the Conservative Movement, is to facilitate and support travel to Israel as a positive source of Jewish identity.

MERCAZ provides direct scholarships to young people through the biannual MERCAZ/Women's League Essay Contest. Along with MERCAZ Canada, the three organizations make available prize money for scholarships to Conservative Movement teens who are participating in Movement-sponsored trips to Israel. MERCAZ also helps synagogues and Solomon Schechter Schools to help fund Israel travel through two different kinds of awards: M.A.P. Scholarships and Schechter Day School Israel Trip Grants. M.A.P. awards are awarded in appreciation towards increased MERCAZ membership. Finally,

MERCAZ helps USY and Ramah travelers to Israel benefit from the Jewish Agency's facilities and services at a subsidized price.

JOIN MERCAZ TODAY SO THAT WE HELP OUR TEENS TRAVEL TO ISRAEL

Visit our home page at
www.mercazusa.org
and click "membership" or
contact me at 301-774-7234

Stephen Steckler
MERCAZ USA
Vice President



B'NAI TIKVAH COMMUNITY

Congratulations to our Torah Readers for 5766

This year has been a very successful one for our Torah Readers Club. All of our students have read at least one time during Junior Congregation on Shabbat morning. A few have read more than once and will continue to do so this fall.

We would like to congratulate the following students:

**Lauren Jackenthal, Lauren Wistreich,
Arielle Weg, Ben Gottesman,
Linda Fellen-Gottesman and Seth Berger.**

Each student was presented with their own Tikkun, the study book from which they can practice with vowels and trope as well as without (the way they will read from the Torah).

Our classes have ended for this season and will resume again in the fall. Interested 5th and 6th graders who would like to join the club should look for our flyer this fall. Our classes meet at 10am before Junior Congregation every Shabbat morning. The commitment is great, but the satisfaction that these students feel when they read Torah is well worth it!

Mazel Tov to each and every one of our students on this great accomplishment, we are very proud of you.

*Bobbi Binder
Larry Cohen*
(Torah Trope Club Coordinators)

Minyan / Mitzvah Opportunities

There are many evenings when we don't have a minyan at shul.

Congregants who need to say Kaddish haven't been able to on many nights.


Enjoy Sat nights at Havdallah with the Rabbi, Cantor and congregants. It is really lovely and would be fantastic with a big group of people. Most importantly you will share in the good feeling of being a part of our community by being there for others.

A Gift from the Bar/Bat Mitzvah Class of 2005 Congratulations and thank you are still in order for the B'nai Mitzvah class of 2005!

Due to an unfortunate slip of finger, the image of the Amud cover was printed low res in the May HaKol. The cover is a gift from the B'nai Mitzvah class of 2005



The images are being re-run here for your convenience, but we suggest you visit the Beit Midrash and see it in person and in color.



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B'NAI TIKVAH COMMUNITY

THE SONS OF TIKVAH BAND PROVIDED THE FIREWORKS AS WE CELEBRATED YOM HA'ATZMAUT, ISRAEL INDEPENDENCE DAY, ON MAY 2nd



There was dancing in the aisles as Sons of Tikvah performed to help us celebrate the signing of the proclamation of independence that formally established the State of Israel.

After the music there were refreshments, cake and time together in the Social Hall.

Thank you to all those who came and added to the ruach of this occasion.



Thank you Sons of Tikvah for volunteering your time and to everyone involved in coordinating this celebration.

Rabbi Eligberg continued . . .

import of Tish'ah B'Av and lament the tragic events associated with it. In accordance with a tradition originating with Rabbi Meir of Rothenburg ca. 1215-1293, Tallit and T'fillin are not worn at Shaharit as an additional sign of mourning. The T'fillin are termed , Pair or ornaments, and the Book of Lamentations says, "The Lord has cast down Tiferet Yisrael" the adornment of Israel which was interpreted as referring to the T'fillin. After the Sha'harit Amidah the Torah is taken from the ark and Deuteronomy 4:25-40 is read. Three people are called up, with the last also reading the Haftarah, Jeremiah 8:13-9:23, which is chanted according to the tune of Eicha. After the Torah is returned to the ark, the worshippers sit on the ground or on low stools and recite Kinnot. At Minhah, Tallit and T'fillin are put on, and the prayers that were omitted in the morning such as the psalm for the day are recited. Both the Torah reading and the Haftarah are the same as on other public fasts. Ma'ariv marks the end of the fast.

At the meal after the fast, one should still abstain from meat and wine, since the burning of the Temple continued until the next day. Tish'ah B'Av is subject to the same limitations as Yom Kippur, abstention from food, from bathing, anointing oneself, wearing leather shoes, and conjugal relations. In addition the Sages forbade all study of sacred literature, with the exception of books that fit the mood of the day, such as the Book of Job, the parts of the Talmud and Midrash that tell of the destruction of Jerusalem, and parts of the Book of Jeremiah. The weeks following Tish'ah B'Av are marked by some practices that encourage a mood of comfort and consolation. During the seven weeks following Tish'ah B'Av we read Haftarat that comfort the children of Israel with the promise of the restoration of Zion. The first Shabbat after Tish'ah B'av is called Shabbat Nahamu the Shabbat of Consolation because the first of these seven Haftarat begins with the words

**"Be comforted, be comforted
My people,"** (Isaiah 40:1).

CONTRIBUTIONS April 13th through May 12th

Religious School Graduation

Donations:

A donation was made to USY/Kadima by:

Bobbi and Marc Binder in honor of Courtney Cohen, Sarah Feldman, Jason Haberman, Rebekah Riemann, Jason Seidman, Jessica Warner and Ethan Weg.

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5 Sivan		June 2006						4 Tammuz	
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
MAY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			Candle Lighting 2nd 8:04 9th 8:09 16th 8:12 23rd 8:14 30th 8:14	1 5 Sivan Weight Watchers USY Meeting Tikkun Leil Shavuot EREV SHAUVOT	2 6 Sivan Bikkurim and Ice Cream Sundae Kiddush Chai School Graduation SHAVUOT	3 7 Sivan Ice Cream Sundae Kiddush Mincha/Maariv Seduah Shlee-sheet Study Session (YIZKOR) SHAUVOT			
4 8 Sivan Salute to Israel Parade in NYC	5 9 Sivan Board of Directors	6 10 Sivan Men's Basketball USY Meeting	7 11 Sivan	8 12 Sivan Weight Watchers Rabbi's Farewell Event	9 13 Sivan Family Shabbat Birthday Shabbat	10 14 Sivan Bar Mitzvah - Joshua Kamen Pray, Play & Pray			
11 15 Sivan Men's Club	12 16 Sivan Sisterhood Board Meeting	13 17 Sivan Men's Basketball 50+ Board Meeting New Beginnings	14 18 Sivan Lifeline Screening Social Action Committee Meeting FLAG DAY	15 19 Sivan Weight Watchers USY Meeting	16 20 Sivan Sisterhood Board Installation & Dinner	17 21 Sivan Bar Mitzvah - Aaron Lassin			
18 22 Sivan FATHER'S DAY	19 23 Sivan Congregational Meeting	20 24 Sivan Men's Basketball	21 25 Sivan Last Day of Nursery School Pre-K Graduation First Day of Summer	22 26 Sivan Weight Watcher Calendar Meeting	23 27 Sivan Synagogue Board Installation	24 28 Sivan B'nai Mitzvah - Alexandra, Jeffrey and Jennifer Mevorah			
25 29 Sivan Sports Collectible Show New Members Meeting	26 30 Sivan RAC Meeting ROSH CHODESH	27 1 Tammuz Men's Basketball 50+ General Meeting ROSH CHODESH	28 2 Tammuz	29 3 Tammuz Weight Watchers Executive Committee	30 4 Tammuz	JULY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			

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