

# HAKOL • הקול

בני  
תקוה | B'nai  
Tikvah

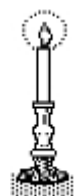
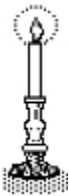
THE VOICE OF CONGREGATION B'NAI TIKVAH

THE JCC OF NORTH AND SOUTH BRUNSWICK

**Our Mission: To foster a vibrant egalitarian Jewish community founded in the religious customs and traditions of Conservative Judaism; offering excellent Jewish education and community activities for all ages with commitment to Israel and Jewish communities throughout the world.**



<b>Friday, 2<sup>nd</sup></b>	<b>Erev Sukkot</b>
<b>Saturday, 3<sup>rd</sup></b>	<b>Sukkot</b>
<b>Sunday, 4<sup>th</sup></b>	<b>Sukkot</b>
<b>Monday, 5<sup>th</sup></b>	<b>Board of Directors</b>
<b>Tuesday, 6<sup>th</sup></b>	<b>Kadima</b>
<b>Wednesday, 7<sup>th</sup></b>	<b>USY</b>
<b>Friday, 9<sup>th</sup></b>	<b>Hoshana Raba</b>
<b>Saturday, 10<sup>th</sup></b>	<b>Junior Congregation Sh'Mini Atzeret</b>
<b>Sunday, 11<sup>th</sup></b>	<b>Simchat Torah</b>
<b>Tuesday, 13<sup>th</sup></b>	<b>Rabbi Q&amp;A</b>
<b>Wednesday, 14<sup>th</sup></b>	<b>Lunch with Rabbi</b>
<b>Friday, 16<sup>th</sup></b>	<b>Birthday Shabbat</b>
<b>Sunday, 18<sup>th</sup></b>	<b>Chai Opening Classes</b>
<b>Tuesday, 20<sup>th</sup></b>	<b>Rabbi Lecture</b>
<b>Wednesday, 21<sup>st</sup></b>	<b>Lunch with Rabbi</b>
<b>Thursday, 22<sup>nd</sup></b>	<b>Executive Committee</b>
<b>Saturday, 24<sup>th</sup></b>	<b>Junior Congregation</b>
<b>Sunday, 25<sup>th</sup></b>	<b>Sisterhood Event TBD</b>
<b>Monday, 26<sup>th</sup></b>	<b>Ritual Committee</b>
<b>Tuesday, 27<sup>th</sup></b>	<b>Rabbi Q&amp;A</b>
<b>Wednesday, 28<sup>th</sup></b>	<b>Lunch with Rabbi</b>
<b>Thursday, 29<sup>th</sup></b>	<b>B'nai Mitzvah Meeting</b>



## From Rabbi Robert L. Wolkoff

### Seeking Inspiration



The Baal Shem Tov, the 18th-century spiritual master who founded the Chasidic movement, told this story. Two men went to the royal palace to see the King. At the entrance, though, they were informed that the King was not holding court that day. One left immediately, but the other asked permission to visit the palace, and view its beautiful paintings and works of art.

This, explained the Baal Shem Tov, is similar to our relationship with G-d and the Torah. Within each of us is a seeker, someone who longs for contact with the Divine. We seek to enter the palace. But we experience that the Divine King is not holding court today. We have trouble finding our way in. We don't seem to have the facility to march right into the Divine King's chambers. Those who have immediate access to the Divine, it turns out, are few and far between. That's just the way things are. The crucial issue is, what do we do when we find our way to the Divine King blocked? Do we just walk away? All too often, the answer is “yes.”

I know a camera buff who once showed me one of the new cameras that loads the film for you, adjusts the light for you, focuses the lens for you, adjusts the F-stop for you, and on and on. It wouldn't have surprised me if the thing could cook dinner for you. And my camera buff friend said, “If they can make cameras this easy, they could make Judaism

this easy.” And since they didn't (whoever “they” are), he had basically turned his back on our tradition.

But, of course, there's a difference. The camera with all its bells and whistles can do just about everything—except make you a great photographic artist. For that, you need inspiration. And inspiration comes from G-d. So, in other words, what Judaism has to offer begins where the camera's contribution ends.

But we'll never get to experience that inspiration if we just walk away from the palace. We need to take advantage of those Divine wonders and masterpieces that grace the palace, even if we don't get to see the King himself. And in Judaism, those Divine wonders and masterpieces are found in the study of Torah.

Now that the fall holidays are coming to a close, we'll be starting our adult education programs again. Questions and answers, lectures, completion of our study of Deuteronomy, and a fascinating dive into Jewish mysticism and ethics. I can't guarantee we will find the masterpieces of the Divine palace, but at least we will paint by numbers. And our tradition teaches us that when two sit together to study Torah, the Presence of G-d is with them—so who knows, we might just get a glimpse of the King after all!

## From Cantor Bruce Rockman

### "I Walk The Line"



I keep a close watch on this heart of mine  
 I keep my eyes wide open all the time  
 I keep the ends out for the tie that binds  
 Because you're mine, I walk the line

I find it very, very easy to be true  
 I find myself alone when each day is through  
 Yes, I'll admit that I'm a fool for you  
 Because you're mine, I walk the line

As sure as night is dark and day is light  
 I keep you on my mind both day and night  
 And happiness I've known proves that it's right  
 Because you're mine, I walk the line

You've got a way to keep me on your side  
 You give me cause for love that I can't hide  
 For you I know I'd even try to turn the tide  
 Because you're mine, I walk the line

I keep a close watch on this heart of mine  
 I keep my eyes wide open all the time  
 I keep the ends out for the tie that binds  
 Because you're mine, I walk the line

A great song, a poem, a psalm, or a prayer touches us when we can personalize and internalize the words of the author or composer. You have likely heard the recording that Johnny Cash made of this song he wrote, promising to be faithful to his first wife, Vivian. Johnny Cash later married June Carter.

It is a great song with a message of love that can inspire us during confusing times. Johnny Cash was blessed and tormented, as he dealt with temptation and sorrow, sharing his gifts with the world. The meaning you glean from this song can reflect your personal journey of faithfulness and how challenging it can be to pray during the most difficult time that I pray we will ever know.

Right now, the line that we walk is filled with risks that can be best overcome with diligence and the adherence to what we know to be appropriate precautions. Oh, how wonderful it would be to be able to gather freely in the synagogue and sing V'shmru B'nai Yisrael et haShabbat to G-d and to each other! We must walk the line.

Does this mean that we must hibernate and stop being the loving, engaging, socially exciting congregation that we are? Does this mean that we cannot celebrate our holidays with joy and fervor? Certainly B'nai Tikvah can continue to be a light, just from a little safe distance.

Think about it. We were able to hear the sound of the shofar safely, whether it was over our multiple streaming options and either distanced but in-person in our parking lot or at the banks of Oakeys Brook during Tashlich. We can celebrate as long as we walk the line.

Truthfully, I do not yet know how we are going to do it, but when we will celebrate the end of our holiday season with Simchat Torah, on Saturday Night and Sunday, October 10<sup>th</sup> and 11<sup>th</sup>, we will see each other and dance with our Torahs. **STAY TUNED FOR DETAILS.**

During difficult times, some people turn to G-d for strength. Others feel that they have been forgotten. Thanks to the warmth and caring of our congregation, I hope that you can feel the light in the shadows and that you can embrace your blessings. Please remember that you are not alone. We care. Your family cares and G-d certainly cares for us.

Let's keep doing good stuff together for each other and let's walk the line.

Worship the Lord with Joy and Gladness,  
 Cantor Bruce Rockman  
 Sukkot 5781-October 2020

## From President Marty Abschutz



Last year, when I spoke with you, none of us could have anticipated what we have been through during the past eight-plus months. Last year, when I spoke with you, I shared with you many of the things that make B'nai Tikvah a community. Most of that community discussion was about you, my friends, my colleagues, my mentors and my fellow congregants. The pandemic has provided us with many challenges. The flip side is that it has provided us with many opportunities to express ourselves as a community. First and foremost among these was how to deal with the pandemic: the office, services, religious school, our Menachem Cheder school renters.

Luckily, we have many passionate and skilled people who are members of our Executive Committee, Board, and wider membership. Gordon Heit, our Vice President for Ritual, volunteered to lead our Reopening Task Force. The first order of business was to determine what safe circumstances we would need in order to be able to re-open for in-person Services. That is, what was the CBT standard? Even at the point the government would indicate we could re-open, what would we allow and limit for everyone to be safe?

As I said, we are lucky. In addition to Gordon's chairing the Committee, the following people stepped up by volunteering to serve:

Rabbi Wolkoff, Cantor Rockman, Steve Levin, MD, Neal Gittleman, DDS, Lori Sookerman, RN, Kevin Krane, Logistics Executive, Melissa Kessler, Co-VP for School & Youth (Attorney by training), Amanda Uniman, VP for Ways & Means (Human Resources Executive), Ben Gottesman, Technology professional & Chair of the Technology subcommittee, Kim Riemann, Technology professional & CBT Webmaster, Charlie Valan, VP for Administration, and Lesley Lewkowicz, Administrator.

The Technology sub-committee consisted of (and/or was aided by):

Ben Gottesman, Chair, Kim Riemann, Webmaster, Rob Blackin, Paul Zankel, Danny Greenberg, Gary Bergman, Mitch Frumkin, and Andy Jackenthal.

That is an amazing group of professionals and volunteers who brought their expertise and passion to the challenge of how to re-open CBT safely for daily minyan. Ultimately, the Task Force reached a consensus that anyone in the building must wear a mask and that social distancing should always be maintained. While the consensus was 15 should be the maximum number of people at services in the sanctuary, for now, Rabbi

Wolkoff and Charlie Valan marked off 18 spaces that were very socially distanced from each other. In addition, we have implemented a far stricter cleaning and sanitizing regimen than pre-pandemic. Thank you, Lynne, Lesley, and Julio, our maintenance worker. Again, our main concern is for safety. Understandably, many of us are reluctant to be inside with even a small group of people wearing masks while the pandemic is ongoing.

To maintain our sense of community while we did not have in-person services, Rabbi Wolkoff and Cantor Rockman thought of many ways to keep us engaged. Literally, there was something for everyone: Daily minyan with a special prayer in lieu of Kaddish; Tuesday evening "Ask the Rabbi" Zoom; Wednesday "Lunch and Learn with the Rabbi" Zoom; and Thursday evening "Topic of the Week" Zoom with Rabbi Wolkoff. Oh, and WAM came up with Trivia Night Zoom.

Once the Task Force had reached the mask, social distancing, and cleaning decision, it morphed into the High Holy Day Task Force and more challenges. Among the answers were multiple Zoom accounts, Danny and Ben as Co-Executive Producers of High Holy Day services streaming; 70 volunteers packaging and delivering High Holy Day "Care" packages to our members who live in the vicinity of CBT; individual iPads for Rabbi Wolkoff and Cantor Rockman to stream from and the last-minute addition of a Sanctuary cam, courtesy of Danny.

From our Torah and Haftarah readers, Rabbi Wolkoff, Cantor Rockman, Executive Producers Danny Greenberg and Ben Gottesman, PJ Library Torah for Tots Zoom, Junior Congregation Zoom, and through the parking lot Shofar service on RH II, Rosh Hashanah services went extremely smoothly. We even overcame the one technical glitch that occurred on day one.

Speaking of the Shofar service in the parking lot, it was great (and freeing) to see so many of you (although socially distanced) in-person. Community. It brought that sense of community full circle. I am looking forward to when we can safely meet like that inside our sanctuary.

In my letter that you received a few days ago, I outlined the reasons why your High Holy Day pledge, perhaps, is more important than ever. Restrictions on our long-term partner, Classical Caterers, combined with our increased cleaning/sanitizing expenses and more limited opportunities for fundraising events, are the principal factors.

Please turn down the pledge tab that you are comfortable with. No amount is too large or too small. Having 100% participation, regardless of any individual amount, is my goal. May each of you and your family members be inscribed for a safe and sweet new year.

Thank you!

## Bikur Cholim's "Meal Train"



**Jill Stone**

All of us have, at one time or another, needed some help from a friend. The beauty of being part of Congregation B'nai Tikvah is how we come together as "friends" to help one another. One of the most important basic needs is food. There is probably no time in our lives that this is truer than when we are recovering from illness and have the extra challenge of taking care of ourselves or loved ones and having to worry about "what's for dinner." It is with this concept that "Meal Train" was invented! Meal Train is a program that enables us to match the needs of a Congregant with a decent meal from volunteers who are willing to cook/supply/buy a meal. It's that simple.

To strengthen our community and meet the needs of individuals, we need you! We are asking for volunteers to be part of the Meal Train. When someone needs help, you will receive an email from Meal Train with the dates/times that meals are needed (along with any dietary restrictions). If you have the ability to help, you simply sign up for a meal on the date needed and deliver it to the recipient. Sometimes you will know the individual well, and other times the only thing you know is that they are also a member of the CBT Community. What we do know, however, is that we are "family."

So what now? Send your name and email address to [bikur@bnaitikvah.org](mailto:bikur@bnaitikvah.org) and we'll add you to the email distribution for our in-need friends, or call me directly at 609 642-6940.

Help us strengthen our community through participation in Meal Train.

## Social Action



**Laura Waksman**

The Social Action Committee is back. With the New Year comes the opportunity to begin making change happen with the re-establishment of the Social Action Committee. The goal of the committee is to create opportunities for CBT members of all ages to perform the following, both within our congregation and the community at large:

Tikun Olam - Repairing the World

Tzedakah - Righteous Giving

Gemilut Chasadim - Deeds of Loving Kindness

We will start small and work together with the hope of reaching the goals of providing opportunities for members to engage in advocacy, direct service, education, and dialogue around a variety of issues, including hunger and homelessness, anti-racism, gun violence, and citizenship engagement.

If your passion is helping others or if you have a cause you believe in, please join us and together we will work to make our small part of the world a more just and equitable place.

Our first Zoom meeting will take place in November. Look for details in an upcoming CBT Newsletter Email announcement. Please contact me with your thoughts and ideas at [Laurawaksman@gmail.com](mailto:Laurawaksman@gmail.com) and let me know you'll be joining us. I look forward to seeing you virtually.

# HAKOL

The Newsletter of **Congregation B'nai Tikvah, JCC of North & South Brunswick** 1001 Finnegan's Lane, North Brunswick, NJ 08902

Published monthly, except July and August. Submissions are encouraged about events, group activities, and anything relevant to the Jewish Community. All articles emailed to [Hakol@bnaitikvah.org](mailto:Hakol@bnaitikvah.org) are due by the 15<sup>th</sup> of the preceding month and are subject to available space and editorial constraints. We discourage the use of PDF files. All issues are archived at [bnaitikvah.org/hakol](http://bnaitikvah.org/hakol) and emailed via the CBT Newsletter. Editors: Gary Bergman, Ann Gold, Arthur Biderman, Janet Weiss, and Sandy Sharon. Advertising: Meryl Harris and Janet Weiss.

## Sisterhood Social Action



**Cheryl Crick**

In March of this year, right before everything shut down, the Sisterhood started collecting feminine hygiene products for a non profit organization called "I Support the Girls." Fast forward to August. With CBT now allowing a few visitors, Sisterhood was able to use the building and began collecting the donations. Although we did not run the collection for long before the shut down, the brown wicker bin in front of the office was FULL of donations! Thank you! During the last week of August, on behalf of the Sisterhood Social Action Committee, I brought the donations to the Central and South Jersey headquarters of "I Support the Girls." With so many people out of work and in danger of becoming homeless, these donations could not have come at a better time.

Sisterhood also held its Annual School Supply Drive in August. This year, instead of individual supplies, due to COVID-19, we just collected money. Thank you to everyone who contributed! We raised \$340! We donated four \$20 Target gift cards and one \$10 card to the non profit "Kidz Can Corporation." Those gift cards are earmarked for North Brunswick students in need of school supplies. The rest of the money was donated to the South Brunswick School District to sponsor a child, allowing him or her to be able to purchase a Google Chromebook to use during remote learning.

Thank you, again, to everyone for their continued Support. If you know of a local organization in need or have an idea for a social action project, please reach out to me at CherylCrick13@gmail.com.



**Lisa Murray-Williams, Resource Development Manager, Coordinated Family Care, Cheryl Crick, Sisterhood Social Action Trustee, and Damon Koslow, Program Director, Kidz Can Corporation.**



**Cheryl Crick and Linda Willimer, Director of I Support the Girls of Central and South Jersey.**

## Gift Cards Are Here!

**Stop & Shop, Whole Foods, Home Depot, ShopRite, ACME, and Lox, Stock & Deli**  
 Planning a trip to the supermarket? Make it a fundraiser for CBT and reward yourself, too!  
 Did you know you get a 2%\* dues deduction for all of your purchases made with gift cards?

Buy gift cards at the synagogue office.  
 Call 732-297-0696 to arrange a pick-up time.  
 As the office is still not open every day, you can't just stop in.

\* when you pay by cash or check



Join Sisterhood and see what we're all about... We need your support!

We welcome your ideas, participation and enthusiasm!

We hope everyone has been safe and healthy during these times! They certainly are like no other and we have been thinking of ways to keep our Jewish community together!

Please join us and we can still enjoy a creative year that's fun through ZOOM or in a mask and 6 feet apart! We all need to stay in contact and connect with each other!

**Upcoming events will be announced and shared!**

Fill in this form and mail it to our Financial Secretary,  
Elisa Berness, at the address provided below.

We are offering different membership levels. Please choose below:

\$40 Leah Level - open **only** to our Senior Synagogue members : \_\_\_

\$45 Rachel Level - Open **only** to Synagogue members: \_\_\_

\$54 Rebecca Level - Open to all(including non-synagogue members) : \_\_\_

\$72 Sarah Level - Open to all: \_\_\_

Questions? Call Jessica Zink 732-715-4765 or email [jessiczink@optonline.net](mailto:jessiczink@optonline.net)

Please detach and return with payment (please write clearly):

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

CBT Member: Yes \_\_\_ No \_\_\_

Include a check for \$ \_\_\_\_\_, payable to: Congregation B'nai Tikvah Sisterhood

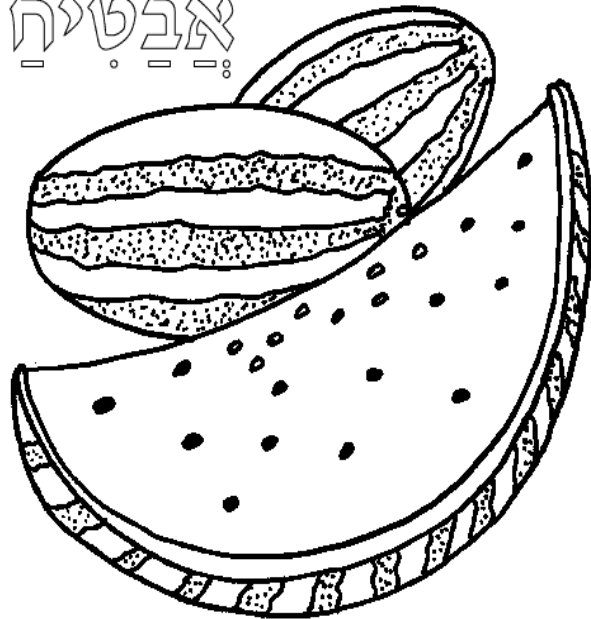
Volunteer Opportunities (check all in which you are interested):

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Serving on the Board   | <input type="checkbox"/> Organizing a Program | <input type="checkbox"/> Shopping for Snacks      |
| <input type="checkbox"/> Packing Purim Baskets  | <input type="checkbox"/> Calling Members      | <input type="checkbox"/> Setting up for a Program |
| <input type="checkbox"/> Clean-up after program | <input type="checkbox"/> Shopping for Purim   | <input type="checkbox"/> Other (please specify):  |

Please mail to: Elisa Berness, 12 Donald Avenue, Kendall Park, NJ 08824  
or drop in Sisterhood mailbox at the Synagogue.

# Stacey Rockman's KIDS CORNER

אֶבְטִיחַ



בַּיִת



D	G	C	W	B	F	P	V	C	G	H	K
H	V	S	U	C	C	O	T	H	S	A	N
P	A	T	T	T	X	G	V	H	D	N	N
A	X	N	H	A	Y	R	A	Q	R	A	K
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V	G	N	T	L	I	A	W	H	Z	H	L
E	B	H	G	K	C	P	H	Q	S	H	X
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D	Y	M	I	R	U	P	T	T	V	R	Q

Hanukkah   Passover   Purim   Rosh Hashanah   Shabbat   Shavuot   Succoth



# Taste of Home

## Sweet-Tart Cucumber Salad

*A dear friend showed me how to use up cucumbers in a tangy salad. The longer it chills, the deeper the flavor. Look for lemon or pickling cucumbers. —Dian Jorgensen, Santa Rosa, California*

**TOTAL TIME:** Prep: 20 min. + chilling **YIELD:** 8 servings.

### Ingredients

- 10 pickling cucumbers or 3 medium cucumbers, thinly sliced
- 1 tablespoon plus 1 teaspoon salt, divided
- 2 cups white vinegar
- 1 cup sugar
- 1/2 cup lemon juice
- 3 teaspoons celery seed
- 1 teaspoon pepper
- 2 medium onions, halved and thinly sliced

### Directions

1. Place cucumbers in a colander over a plate; sprinkle with 1 tablespoon salt and toss. Let stand 30 minutes. Drain.
2. In a small bowl, whisk vinegar, sugar, lemon juice, celery seed, pepper and remaining salt until blended. In a large bowl, combine cucumbers and onions. Pour dressing over cucumber mixture; toss to coat. Refrigerate, covered, at least 2 hours before serving.

## Holiday Service Schedule

Friday, October 2,	Erev Sukkot	Mincha 6:00 pm
Saturday, October 3,	Sukkot	Shacharit, 9:30 am.
Sunday, October 4,	Sukkot	Shacharit, 9:30 am Evening Service, 7:30 pm
Friday, October 9	Kabbalat Shabbat	Service, 6 pm
Saturday, October 10	Shabbat	Shemini Atzeret (including Yizkor, 9:30 am) Simchat Torah Service, 7:30 pm (Limited Hakafot, dancing with the Torah)
Sunday, October 11	Simchat Torah	Shacharit, 9:30 am Hakafot/Dancing with the Torah in the parking lot, weather permitting Evening service, 7:30 pm

# KOSHER KITCHEN—TO GO

Four-meal Minimum Order

Order Form on next page.

QTY	Item	Price	Total
	<b>Shabbat Dinner</b> <i>Whole Roasted Chicken With Kasha Varnishkes, Grilled Vegetables and 1 QT Chicken Noodle Soup</i>	36.00	
	<b>Shabbat Dinner #2</b> 3-6 ounce pieces of Braised ShortRib with Mushroom Gravy served with 1 Qt Chicken Soup, Mashed Potato and Coleslaw	48.00	
<b>ENTREES</b>			
	Short Rib Entrée served with Mashed Potato and Grilled Vegetables	18.95	
	Hibachi Chicken served over Vegetable Lo-mein	14.95	
	<i>Baked Ziti (Dairy)</i>	14.95	
	<i>Chicken Fingers (8 pieces)</i>	12.00	
	<i>Dark Meat Chicken Kebab over Herb Rice With Israeli Salad and Tahina</i>	14.95	
	<i>Eggplant Rollatini over Penne Marinara (Dairy)</i>	14.95	
	<i>Filet of Branzino with Lemon Wine Sauce With Rice and Sautéed Spinach</i>	17.95	
	French-cut Chicken w Lemon Garlic Sauce with Mashed Potatoes and Grilled Vegetables	14.95	
	Fresh-cut Chicken with Marsala Sauce with Herb Rice and Sautéed Spinach	14.95	
	Grilled Herb Salmon with Dijon Dill Sauce with Mashed Potatoes and Grilled vegetables	14.95	
	Homemade Meatloaf with Mushroom Gravy Mashed Potatoes and Grilled Vegetables	14.95	
	Macaroni & Cheese (Dairy)	11.00	
	Pasta Primavera	11.00	
	<i>Penne Marinara</i>	8.00	
	Ponzu Seabass served over Fried Rice	18.95	
	Pulled BBQ Brisket over Mashed Potatoes and Brussels Sprouts	17.95	
	Spaghetti and Meatballs	14.95	
	Stuffed Cabbage with Kasha Varnishkes	14.95	
	<i>Sweet and Sour Meatballs Over Penne Pasta</i>	14.00	
	<i>Teriyaki Glazed Salmon Over Vegetable Fried Rice</i>	14.95	
	<i>Vegetable Fried Rice</i>	11.00	
<b>SOUPS, SALADS, &amp; SIDES</b>			
	<i>Homestyle Chicken Noodle Soup (1 QT)</i>	11.00	
	Homemade Potato Knish (2 per order)	7.00	
	<i>Kasha Varnishkes (1 QT)</i>	11.00	
	<i>Mushroom Barley Soup (1 QT)</i>	11.00	
	<i>Tomato and Cucumber Salad (2 servings)</i>	11.00	
<b>DESSERTS</b>			
	<i>David's Brownies (6 Large)</i>	12.00	
	<i>David's Blondies (6 Large)</i>	12.00	
	Rice Pudding (1 Pint)	5.99	
<b>FRESH MEATS (Uncooked)</b>			
	2 LB Trimmed Chicken Cutlets	18.00	
	2 LB Ground Beef	18.00	
	Whole Chicken	11.00	
	1 LB Trimmed Skirt Steak	26.00	
	<i>Local Delivery</i>	20.00	

\*\*\*Meals are freshly prepared and may be frozen for later use.\*\*\*



Lori Sookerman



Shelly Wistreich

Please visit [bnaitikvah.org/sismember](http://bnaitikvah.org/sismember) to discover the joy of getting involved in our circle. Sisterhood would love to welcome you. Please see the Sisterhood membership form on page 7.

Contact: Jessica Zink, [jessicazink@optonline.net](mailto:jessicazink@optonline.net).

Thank you to the Sookerman and Wistreich families for putting together the Sisterhood gift for the Congregation High Holy Day bags.

**Torah Fund**

The new pins are available with a \$180-or-above pledge. We would love to welcome you as a Torah Fund benefactor, helping the Women's League for Conservative Judaism to support the Jewish Theological Seminary, its teachers, Cantors, and Rabbis.

Contact: Ann Rosenzweig 732-249-9141  
[Anndyapt@optimum.net](mailto:Anndyapt@optimum.net)

**Gift Shop**

The gift shop will be open by appointment only. Please call Serena Blackin at 732-390-9515.

The gift shop is also working on an online store with curbside pickup. Payment will be by check or Venmo only. More details coming soon.

**Mitzvah Baskets**

Help us decorate the bima with nonperishable food baskets. We also deliver baskets to other synagogues. Tell your friends about this service. Contact: Teresa Samtur 732-821-8163 or [msamtur@comcast.net](mailto:msamtur@comcast.net)

**Mazel Tosses**

Enhance the simcha of your child's special day by having Sisterhood provide these bags of soft candy which will sweeten the day. Also great for an aufruf. Order your Mitzvah Baskets and Mazel Tosses at [bnaitikvah.org](http://bnaitikvah.org) at least one month before your mitzvah. Contact: Marci Abschutz, 732-735-1946.

*Classical Caterers - Kosher Kitchen*

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: NJ ZIP: \_\_\_\_\_

EMAIL: \_\_\_\_\_

FORM OF PAYMENT: ( four-meal minimum on all orders )

VISA/MC: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ EXP. DATE: \_\_\_\_ / \_\_\_\_

3-DIGIT CODE: \_\_\_\_\_ SUBTOTAL: \$ \_\_\_\_\_



Orders must be received by 4pm Friday for curbside-pickup on the following Wednesday between 12:00 and 2pm.

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## Highlights from the NSBUSY Monthly Newsletter



Sydney Sookerman

Israeli Song Suggestion of the Month, from our Israel Affairs VP, Bashe Rockman.

This month's song, "Silsulim" by Static and Ben-El Tavori, is really fun to dance to. Silsulim, meaning trills, refers to vibration sounds found in music that form with rapid alternation between two notes. I find this interesting because as far as I can tell, there are no actual trills in the song at all.

Although there are no musical trills in Silsulim, each stanza goes back and forth, talking about many things. We hear Static and Ben-El go from comparing Israel to Ibiza, then talking about material objects, and going back to talking about the spirit of Israel, specifically Eilat. Themes of change like these continue throughout the song. I'm not going to spoil all of it because you should go and listen to this one yourself!

Simple Ways to Make the World a Better Place, from our Social Action/Tikkun Olam VP, Reese Krane.

With the high holidays approaching, many of us are thinking about our new kind of services and family gatherings, in addition to reflecting on a year we're ready to put behind us. While we may be enjoying traditional holiday dinners with loved ones over Zoom, amidst the uncertainty of our world, there are people near and far who are uncertain of how they will be able to get their next meal. It is because of this that North/South Brunswick USY will be holding our annual food and toiletry drive now until October 8th, benefitting the North and South Brunswick Food Pantries.

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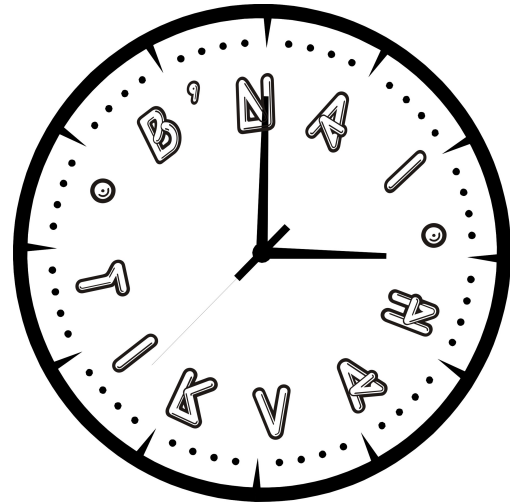
## Andrew Melcer



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October 24<sup>th</sup>

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## A Virtual Hug



**Charlie Valan**

By the time any of you are reading this, the High Holy Days will pretty much be in the rearview mirror. This year's holidays, we can all say, were not the personal experience any of us would have ever envisioned. For me, personally, it is so far removed from the person I have always been.

I grew up in a loving and well, HUGGING, household. Our affection was not only appreciated, but expected. If any of us can say the warmth of being surrounded in a room of friendly and caring people doesn't immediately bring a smile to us automatically, we probably have a lot going on that is distracting us from where we actually are at that moment.

Every year for the Jewish Holidays, I cherished my opportunity to be a greeter at the door. I will honestly say I did this because it was a special opportunity for me to say "hi" to many of my "B'nai Tikvah Family Members" that I either don't get to see enough or at all. Life always gets in the way of life and we are all so busy all the time that we never seem to enjoy everything out there.

Now we are living in a world where we see people, but aren't sure how to approach them. When we do approach them, we are apprehensive about "touching them." If we do "touch them," we sanitize ourselves after. Who can honestly say any of us has envisioned a life of such concern about all those around us?

We are all wearing masks and have learned to recognize everyone by their eyes. (Remember the old movie line, "Tell me more about my eyes?" How true now.) Outdoor life has become a way of life. Many of us are concerned about attending events of any type with people we don't know. Lots of us are passing on opportunities even to be around people we do know. The world is as impersonal as it could ever be or any of us ever imagined.

I find myself reaching deep into my own mind (on Zoom meetings, on calls, and even when masked and socially distanced from other people) of being not only in the same social space, but comfortable, warm, loving, caring.... Hugging. Imagination of a world of togetherness without the fear of hurting or being hurt by others shouldn't be something in one's mind. It should be as natural as taking a breath or drinking water.

When will this end? No one can answer. How will this end? Equally uncertain. But bottom line, this all will end one day. For now, all of us need to stay strong, positive, safe, caring, and think of the world as a place where all of us are not only in this together, but need to keep pushing forward and staying upbeat.

So I personally am sending A HUGE BIG VIRTUAL HUG to my Congregation B'nai Tikvah Family. Some of you I have seen, while others, not so much or at all. My thoughts are strong for everyone and my attitude is that each of us needs to do what feels most comfortable for us, as long as that comfort values the most important thing in the world: the concern for each other and respect for each other's feelings.

This will all end. And when it does, I look forward to turning this Virtual Hug into an Emotional and Back-Breaking One. Well, maybe not that strong. But you get the feeling.

## Bikur Cholim

The committee wants everyone to know that, while we are unable to fulfill our mission of visiting the sick, we'll pick up prescriptions, do light shopping, and provide transportation. If you are affected by COVID-19, please let the office and clergy know at 732-297-0696.



## Donations: August 15 - September 11, 2020

We gratefully acknowledge and thank the following contributors for their generous gifts.  
Your special donations make up a part of our synagogue's total income. We rely on you.

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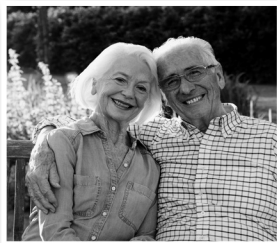
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				<b>1</b> 13 Tishrei	<b>2</b> 14 Tishrei EREV SUKKOT	<b>3</b> 15 Tishrei SUKKOT
<b>4</b> 16 Tishrei SUKKOT	<b>5</b> 17 Tishrei Board of Directors	<b>6</b> 18 Tishrei Kadima	<b>7</b> 19 Tishrei Religious School USY	<b>8</b> 20 Tishrei	<b>9</b> 21 Tishrei HOSHANA RABA	<b>10</b> 22 Tishrei Jr. Congregation Simchat Torah Event SH'MINI ATZERET (YIZKOR) HAKAFOT
<b>11</b> 23 Tishrei SIMCHAT TORAH	<b>12</b> 24 Tishrei Sisterhood Board COLUMBUS DAY	<b>13</b> 25 Tishrei Rabbi Q&A	<b>14</b> 26 Tishrei Religious School Lunch with Rabbi	<b>15</b> 27 Tishrei USY Board	<b>16</b> 28 Tishrei Shabbat Together Birthday Shabbat	<b>17</b> 29 Tishrei
<b>18</b> 30 Tishrei Chai Opening Classes Rosh Chodesh	<b>19</b> 1 Cheshvan	<b>20</b> 2 Cheshvan Rabbi Lecture	<b>21</b> 3 Cheshvan Religious School Lunch with Rabbi	<b>22</b> 4 Cheshvan Executive Committee	<b>23</b> 5 Cheshvan	<b>24</b> 6 Cheshvan Jr. Congregation Bar Mitzvah Andrew Melcer
<b>25</b> 7 Cheshvan Sisterhood Event TBD Hagalil USY LTI	<b>26</b> 8 Cheshvan Ritual Committee	<b>27</b> 9 Cheshvan Rabbi Q&A	<b>28</b> 10 Cheshvan Religious School Lunch with Rabbi	<b>29</b> 11 Cheshvan B'nai Mitzvah Mtg. USY	<b>30</b> 12 Cheshvan Candle Lighting 2 <sup>nd</sup> 6:18 9 <sup>th</sup> 6:07 16 <sup>th</sup> 5:56 23 <sup>rd</sup> 5:47 30 <sup>th</sup> 5:37	<b>31</b> 13 Cheshvan Shabbat Ends 3 <sup>rd</sup> 7:24 10 <sup>th</sup> 7:13 17 <sup>th</sup> 7:02 24 <sup>th</sup> 6:52 31 <sup>st</sup> 6:43



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