

# Page 100

## *Prayer*

You should act in prayer as if you were a farmer: first you plow, then you seed, afterward you water, and finally things begin to grow. In prayer, first you have to dig deeply to open your heart, then you place the words of prayer in your heart, then you allow your heart to cry. That's how salvation grows.

—THE HASIDIC MASTER  
ABRAHAM OF SLONIM